

I never retired.... I just kept changing jobs!

By Meagan Moore
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One man who is turning 91 next month remembers all the changes and obstacles the City of Silsbee has overcome since he moved to the area in the latter part of 1949.

Ervin Glover was born in Sabine County, Texas and grew up in a small community called Rosevine. He started school in 1932 and was drafted into the United States Army during World War II, serving almost three years in the 63rd Division 718th F.A. Battalion in Europe.

Glover grew up around the time of the Great Depression and remembered when \$10 back then would enable someone to buy about a month's supply of groceries.

However, money was harder to come by and so were jobs. Glover moved to Silsbee in the hopes of finding a job.

After the war was over, there were multiple people out looking for work, but Glover was thankful that he was able to find a job working for the county, Precinct 1, under Frank Paine, earning 95¢ an hour.

"He gave me a job when jobs were scarce," Glover stated.

Glover continued to work for the county for 15 years before going to work for Bare and Barry Sand Company for about 14 years.

"I never did retire," he said.

"I just kept changing jobs."

Glover is also a Baptist preacher and has pastored at First Baptist Church in Evadale.

Throughout his years in Silsbee working different jobs, Glover has seen several changes in the town. There was only one police officer in Silsbee, a man by the name of Grady Harver, and the way to reach any deputies or police officers was to flip on a small red light to let any passing law enforcement officers know when a call had been received.

He has always had good relations with law enforcement, and has never been involved in a car accident for the 70 plus years he has been driving.

Glover actually recently renewed his driver's license, and he rarely drives over 65 miles an hour, having never once received a speeding ticket either.

There have been three post offices and three high schools built in the time that Glover has lived in Silsbee.

He remembers a time when county, state, and even the Presidential elections were posted on a blackboard outside the Silsbee Bee office, and the entire road near the Bee was shut down with the community awaiting the results.

Glover's daughter, started first grade at Read-Turrentine in 1957 after it was first built.

When Silsbee ISD decided



Ervin Glover

to tear down the old school in after the new one was built, Glover managed to acquire one of the bricks from the school and commissioned a woman to paint a picture depicting a small country school scene on it.

He then gave the brick to his daughter as a form of memorial for her. Glover's first wife, whom he had both of his children with, passed away in 1989, and his second wife passed away in 2011.

After the death of his second wife, Glover decided to pick up a hobby. At the age of 85, he bought a banjo and began taking music lessons.

Creating music isn't the only hobby he has, as he has collected rocks from various parts of the world, some given to him as gifts.

One of the rocks that was given to him as a gift from people he used to go to church with is all the way from Calvary Hill in Israel, the place where Jesus Christ was crucified.

He also has rocks from South America, a rock that has petrified grass of some sort from Alaska, and even has one from Boothill Cemetery in Tombstone, Arizona, where directors shoot quite a bit of Western Movies.

Glover has done his fair share of traveling. In fact, when his son was stationed in Germany with his family, Glover went to visit and was able to see some of the places he had been at when he was also stationed in Germany

Chaplain receives national recognition

Fred Raney, Chaplain of Silsbee Fire and Rescue, was recently awarded the Master Advanced Certification in Fire Chaplaincy.

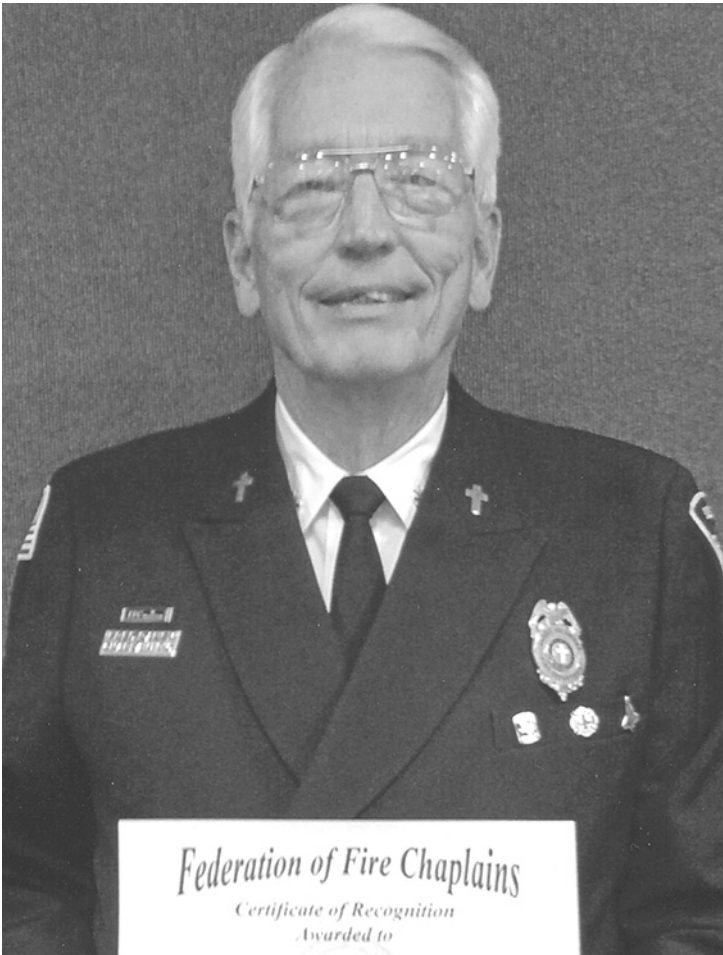
The recognition was presented by the International Federation of Fire Chaplains at its annual training conference held in Toledo, Ohio.

The certification involved a minimum of 130 credits of training and service related to the fire service and chaplaincy.

When receiving his certification, Chaplain Raney had earned over 185 credits.

The training included areas such as Critical Incident Stress Management, Pastoral Crisis Intervention, Grief, Disaster Chaplaincy, Fire Families Support and Awareness Programs, Fire Chaplain Ministry to Crisis Victims, and many other categories.

Chaplain Raney has served in the fire and emergency medical services for over 50 years.



Fred Raney

See GLOVER on PG. 2, SEC. C

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Christina Hernandez, Social Worker for more information about Admissions

Retired teachers meet to discuss \$2 Billion shortfall to TRS-Care Insurance fund

Hardin County Retired Teachers Association will meet Tuesday, January 31 at 11:30 a.m. at LIT Campus for a very special meeting.

This will be a covered dish luncheon. Speakers will be June White, District V TRTA President, and Charles Starcke, Dist. V Legislative Chairman.

Starcke returned from the Texas Legislature and will report on the latest information that the 85th Legislature has discussed or decided on TRTA \$2 billion shortfall to the TRS Care Retiree health insurance program.

TRS retirees are already paying more than 35 percent

of the revenue for TRS-care. This will affect every TRS retiree.

TRS cannot go to the Legislature for retired personnel, so TRTA representatives must negotiate for the benefits. Insurance cost will soar and benefits cut if the Legislature doesn't act on TRS-care needs.

There are seven options being discussed. These will be discussed at the January 31 meeting.

Hostesses will be community volunteer service committee: Carole Seabrook, Cindy Boodie, Karen Williams, and Cynthia Roberts.



Residents at Silsbee Oaks had the pleasure of having several different schools and organizations entertain for during the Holidays. Residents received gifts, visits and goodies from area churches, individuals and groups. They appreciated all the ppecial things the community did for them and for bringing Christmas cheer. Each year, these volunteers go above and beyond giving and blessing our residents . Pictured are students from Warren High School who performed a variety of Christmas tunes much to the Residents delight.

Carl Lindsey birthday

A birthday celebration will be held for Carl Lindsey on Jan. 28.

The celebration will be held

at FBC Silsbee Fellowship Hall from 2-4 p.m.

No presents, just your presence.

GLOVER

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during the war.

"The Lord has been good to me. I've been blessed in many ways," Glover stated.

Glover was raised during a time knowing what it was like without running water and electricity.

"The only running water we

had was when your mom handed you a bucket and told you to go run and get a bucket of water," he said.

Glover thanks the Lord he has lived to such an age and able to be as healthy as he is, still driving the roads at almost 91 years old.

February marks National Senior Independence Month. Take this opportunity to evaluate your current living situation; notice the strengths and weaknesses in your daily routine and make adjustments for a better lifestyle. Ask yourself: What holds you back? What could make daily living easier? Minor adjustments can make a huge difference.

Home Safety Tips Use these techniques to make your home a place you can live safely and independently.

- Brighten Up—Check that every room is well lit, and make any lighting replacements where needed. Installing night-lights throughout the

house—especially in dark corners and along staircases—can help improve nighttime visibility and prevent trips and falls over unseen objects.

- Clear Clutter—Keep floors and walkways clear of unnecessary items, such as clothes, books, papers and trash. An alteration as simple as shifting the furniture can be valuable for those who may have balance or vision problems. Move any furniture, wiring or other obstructions, and make sure all pathways are clear enough to move freely without fear of harm.
- Get a Grip—Install grab bars and handrails in the restrooms near the shower, bathtub and toilet. Using

non-slip mats and placing double-sided tape under rugs can also help minimize slips.

- Open Access—Everything should be easily accessible, including the refrigerator, cabinets, drawers, doors and shelving. Also, place items on the lower levels of shelves for easier reach.

Stay Active to Avoid Accidents Did you know that daily exercise could help reduce the risk of falls? In fact, being inactive is one of the major risk factors of falls in older adults, according to the Centers for Disease Control and Prevention. Don't let fear of injury keep you from engaging in daily exercise. With your physician's approval, take

part in these activities to help make your fall prevention power greater:

- Flowing and stretching exercises, such as T'ai Chi and yoga, are known to help restore balance and joint flexibility.
- Mild strength training—with and without weights—can help strengthen your muscles, joints and bones, making it less likely that you will fall or become injured from a fall.
- Walking is one of the easiest exercises you can do, and it comes with many benefits, including improved balance, strength and endurance.

Walkers for Seniors: A Better Way to Look at This Independence Device

Acknowledging and accepting that you need the assistance that a walker provides isn't always easy. Many people buy walkers with seats, and then put the box off to the side for weeks (or longer) until they're emotionally ready just to unpack it. It helps to change your thinking about a walker from a sign of getting older or of a disability to a tool that allows you to maintain independence and a sense of security. A walker can make the difference between sitting at home being sedentary (a risk factor for heart disease and many other ills) and getting out and engaging in favorite activities.

Of course, buying a walker isn't the same as buying a new sweater. Talk to your doctor or a qualified physical therapist—your doctor should be able to recommend one—about match-

ing a walker to your needs. Just the fear of falling isn't necessarily a reason to use a walker, though it can help lessen the risk of falling if you're unsteady on your feet. Poor balance or problems with your gait could be helped with a walker. Be sure you really need one. Basic walkers are available with four straight legs and rubber feet that you lift to move. For smooth movement without lifting, most can be outfitted or bought with rear glides and front wheels or wheels on all four legs, usually called a rollator. Some rollator styles have a three-wheel triangular design for easier maneuverability indoors. The model best for you depends on your gripping ability, your upper and lower body strength and your weight, among other factors. Wheels make the device move more smoothly, but require that you can control the walker so that it doesn't run ahead of you. Having an expert opinion will help you make the right choice.

Customizing Your Walker Look for a walker with adjustable features, especially its height. That way you can adjust it properly. The top of the walker should line up

with your wrists when your arms are at your sides. This will help you avoid lurching to one side or hunching over the walker as you walk. As you move, your arms should be slightly bent, with your elbows at a comfortable angle, but you shouldn't have to bend forward at the waist to reach it. The width of the walker can be adjusted on some models so that you're comfortable standing with your feet between the back legs, the ideal positioning—your feet shouldn't be at the front bar. The walker's grips can also be customized to your needs. Most come with plastic grips, but you can switch to fleece, foam or another soft covering. To keep your hands focused on the walker, add a walker accessory like a basket or tray to hold personal items.

Increasing Walker Safety There have been reports of seniors falling when improperly handling a walker for elderly use, particularly people over age 85 and very often at home. To prevent this, the Centers for Disease Control and Prevention suggests walker safety strategies such as working with a professional on how best to use your

walker and adjust it to your height. Besides traditional office visits, look for learning opportunities like health fairs. Knowing the right way to walk with a walker is your best first step. Though not a substitute for professional instruction, keep these guidelines in mind:

- Stay upright as you walk to protect your back—no hunching.
- Hold the walker still as you step into it with one leg, taking care not to step too close to the front of the device. At the same time, avoid pushing the walker too far in front of you.
- Place your other leg inside the walker.
- Move the walker forward and then repeat this procedure, stepping in one leg at a time.
- Turn with care: Use small steps and take your time.

Maintaining Your Walker Regularly check your walker for wear. Many parts are replaceable, including rubber foot caps, wheels and glides. When buying new wheels in particular, note the wheel width before ordering and check to see if you need a specific brand or can use a universal design.

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Financial Focus

Try to Overcome "Roadblocks" to a Comfortable Retirement

The path to a comfortable retirement is a long one – and you will find "roadblocks" along the way. But by recognizing these obstacles, you can work to overcome them.

For many people, the first roadblock is an insufficient amount of investments. Contribute as much as you can afford to your 401(k) and IRA.

Here's another roadblock: underestimating your longevity. You could spend two or three decades in retirement, so you should plan for them.

Roadblock number three: not establishing a suitable withdrawal rate from your retirement accounts. If you take out too much each year, you could run into trouble.

Another obstacle is the tendency to take Social Security too soon. If you can afford to wait until your full retirement age, which will likely be 66 or 67, your monthly checks will be much bigger than if you started accepting payments at age 62.

One final roadblock: inflation. Even during retirement, you'll need to keep some investments with the potential to outpace the inflation rate.

By taking the steps necessary to get past these roadblocks, can help smooth your journey toward a comfortable retirement.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Billy Paine honor for life of public service

By Meagan Moore
reporter@silsbeebee.com

At the Commissioners Court last week, several Hardin County courthouse employees were awarded and recognized for their many years of service.

One such employee has been working and serving his country and county right after high school, and has spent the past 15 years as the Grand Jury Bailiff and Bailiff for the 88th District Court for Judge Earl Stover, III.

Billy Paine has lived in Hardin County for his entire life, just eight miles north of Silsbee is a community known as Wiley Mae.

After graduating from high school, he joined the United States Air Force where he was placed into the Air Police Academy.

Paine spent eight years in the Air Force as a military police officer, and after he was honorably discharged, he began looking for a job in law enforcement.

At the time in 1965, Henry Overstreet was running for sheriff, and Paine helped him become elected and was then brought on as the Chief Deputy.

During his time as deputy sheriff, Paine was in charge of patrolling Caney Head, Silsbee, and Lumberton by himself.

There were only three deputies, and no police departments in Lumberton at the time. There was a police chief in Silsbee and a group of men who collected money from meters, giving out the occasional ticket.

"There was no such thing as a day off, vacation, or anything like that," Paine stated.

A lot has changed in the past 50 years, and even from before Paine took a job in law enforcement he can remember a time when Mr. Farmer who ran the funeral home in Silsbee would receive emergency phone calls.

Farmer would turn on a red light at the top of a telephone pole to let any deputies or officers passing that there was an emergency and to go to the funeral home to receive the details.

However after Paine became a deputy, they had grown enough to have a radio system of sorts in place, although nothing compared to what it is today.

In September of 1969, Sheriff Overstreet passed away after a massive heart attack, and the commissioners court held a special election in order to fill the spot for the last two years of Overstreet's term.

The commissioners court had appointed Tom Easley, but Paine ran against him in the special election and beat him 80 to 20 percent.

"I took office on November 3 in 1970 at 12 noon," Paine said. "The people wanted me to be the sheriff."



Billy Paine spent most of his adult life working in areas of law enforcement and also in work that involved the judicial system. During his time at the courthouse he has seen many changes in

Paine held the position as the Hardin County Sheriff for 10 years, and during that time, the number of deputies went up from three to five.

While he was sheriff, the Silsbee Police Department grew and had their own dispatch, but after 5 p.m., they would flip the switch off and all the calls were forwarded to the Hardin County Sheriff's office.

The most memorable period for Paine was while he was sheriff, the largest manhunt in the state of Texas occurred in the county.

In the middle to late 70's, Lumberton began to grow, and they finally started to form a city council, elected a mayor, and hired one police officer.

Currently there are approximately 30 deputies, and several officers in Lumberton, Silsbee, Kountze, and Sour Lake.

Over the years, new laws have been added and restrictions have tightened, plus with growth comes the need for more law enforcement.

"It was just very different," Paine stated. "There was no time limit. You worked on something until you were through with it."

Paine stated that a good example of how much has changed is a memory he has of when there were only four houses on Highway 96 going through Lumberton.

In his opinion, the best improvement in law enforcement has been in education and communication.

In today's time, every city has its own fire department, police department, radio sys-

tem, and two new emergency towers are being erected in order to improve communications more so than what is in place.

Paine's time as the sheriff ended in 1980, and afterwards he worked in a private business for 14 years, but after the year 2000, Judge Earl Stover, III approached Paine about a position in the courthouse.

"Judge sent word, asking if I wanted to be the bailiff, and I told him I would and that's how I'm here today," he stated.

According to Paine, Stover's father, "Smokey," told his son if he ever needed a bailiff to give Billy Paine a call.

Smokey and Paine were good friends for a long time, and Stover can remember looking up to Paine as a teenager and has continued

that friendship with him.

"Everything has grown so much, which I'm proud of because we need it," Paine stated. "I'm just glad I've lived to see it."



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