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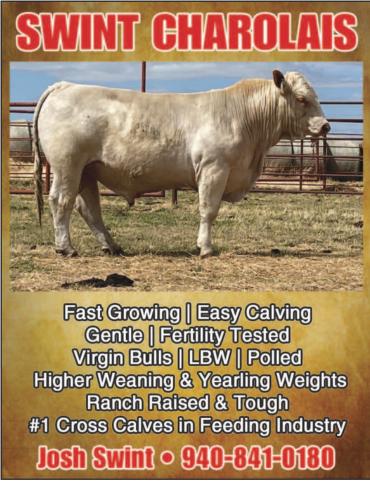


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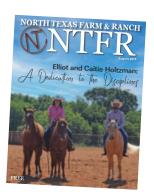
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### ON THE COVER

On the cover is Elliot and Caitie Holtzman, horse trainers and owners of Versatile Horsemanship. (Photo by Dani Blackburn)



### letter from the editor

H e l l o readers, and welcome to the August is sue of N o r t h Texas Farm & Ranch magazine.

Summer is in its home stretch. As the warm we at her months wrap up, I am making a concentrated



effort to soak in every last moment before the busy fall season hits. While I am not quite ready for the hectic days to arrive, I realize we are all anxious for the cooler temperatures they bring.

This month, I had the opportunity to meet Elliot and Caitie Holtzman, horse trainers and owners of Versatility Ranch. This power duo has seen success in a multitude of disciplines, and it all boils down to a true passion for what they do. It was inspiring to sit and speak with the Holtzmans and see their love for horses and each displine shine through everything they do.

Meanwhile, turn the pages to read as Jared Groce reports on the current real estate market, Krista Lucas Wynn provides a few tips on traveling with your horse, Kayla Jennings discusses regenerative ranching, and Lindsey Monk gives us a glimpse into agriculture in Montana.

To subscribe by mail call 940-872-5922. Make sure to like our Facebook page and follow us on Instagram and Twitter. Wishing you all a very Happy August!

Dani Blackburn

Dani Blackburn, Editor editor@ntfronline.com

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North Texas Farm & Ranch

Notified June 27, 2023, four local students were awarded scholarships by the North Texas State Fair Association for the 2023-2024 school year. Scholarships are one way that the association gives back and contributes to the mission of supporting youth, agriculture and community. Applications were due by June 1, 2023.

READ MORE: https://ntfronline.com/.../north-texas-fair-rodeo...,



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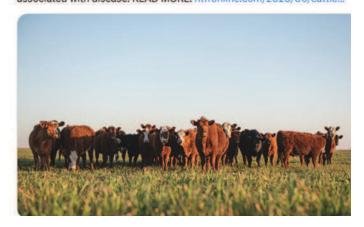
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Cattle can be infected with a variety of GIN. Most do not cause issues unless husbandry practices are poor. However certain GIN have been associated with disease. READ MORE: https://doi.org/10.1001/nterns.2007.0001/nterns.2007.



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## MEANWHILE BACK AT THE RANCH

By Rayford Pullen | rcpullen@yahoo.com

We make approximately 75 percent of our yearly summer forage by July 15 each year. How did you do?

Summer just keeps marching along and with August looming, now is a great time to begin thinking about fall pastures.

As mentioned in previous articles, we need to take a look at our current pasture situation as it relates to warm season grasses and fall and winter pastures.

It seems as though feed prices this fall will be comparable to last year's prices, which were expensive with most, if not all protein cubes, costing more than \$450 per ton.

Based on this cost, and feeding four pounds of cubes per day, our winter cost for protein alone is \$112 per head plus labor.

Although hay prices have moderated this year, we are still looking at roughly \$300 per cow plus labor.

Now we have more than \$400 per head required to feed a cow for 125 days which is just a third of the year.

If we can add more fall and winter forage to our program, we are looking at roughly \$100 per acre per cow establishment cost.

If we can produce forage for just one month when we normally feed cubes and hay, it is break even, but when you also get an extra two to three months of grazing or a hay crop for that same \$100, it becomes extremely economical.

We may need to add an extra \$60 or so for fertilizer to hopefully produce two to four bales of hay, which is \$15-\$30 per bale assuming 1000-pound bales.

On our place, we do this using Nelson ryegrass which can either be planted in Bermuda grass or on disced fields.



It is time to take a look at current pasture situations as it relates to warm season grasses and fall and winter pastures. (Photo courtesy Metro Creative)

Either way, it is extremely cost effective.

For complete planting information, check out our web site pullenangus.com.

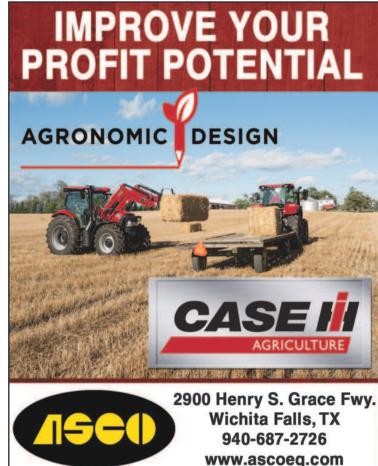
This is just food for thought as we sit here either in the shade or under the air conditioner.

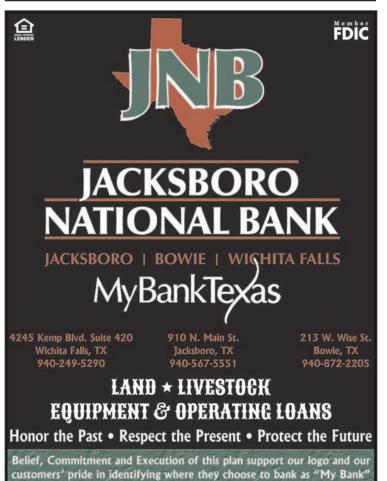
While we have had a pretty good forage year despite the heat

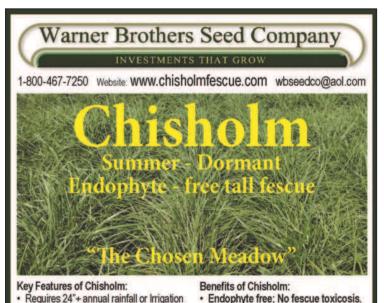
and coupled with the current cattle market, the future is looking pretty good in the great southwest.

It is a wonderful time to be in the cattle business. N









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· Lower costs per pound of beef

produced.

system

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# A Gelsewhere W/OM/S PHOTO DESCRIPTION BY TRESSA LAWRENCE



Portions of the Midwest have found themselves enjoying unseasonably cool temperatures and above average precipitation this summer, allowing for green grass and happy cows.



# A Gelsewhere MONA PHOTO DESCRIPTION BY LINDSEY MONK



After all the rain we've been fortunate enough to have, the country looks gorgeous. This photo overlooks Sheridan and Big Horn, Wyo.

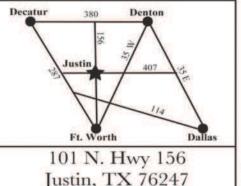


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# LAND MARKET REPORT JUNE LAND SALES

### By Jared Groce

Higher temperatures mean lower interest in looking at land, and this summer is no exception. We have been suffering through some very hot and humid days lately, and most folks are not interested in getting out in the heat to look at land. While there is still ample demand, things tend to usually slow down in July and August as the temps rise and families are busy with summer plans. Developers and investors don't usually take a break though, and they are still looking for the perfect place to park their money. Prices are still level as they have been all of 2023 with no major drops or rises in average prices per acre. Try to stay cool and hydrated, and as always, "Get some dirt on your hands!"

|                 |                |                        | COOKE COUNTY         |                |         |
|-----------------|----------------|------------------------|----------------------|----------------|---------|
|                 | CITY           | ACRES                  | \$ / ACRE            | ASK/SELL RATIO | DOM     |
| M               | IYRA           | 23.340                 | \$14,567.00          | 97.10          | 230     |
| C               | OLLINSVILLE    | 11.000                 | \$44,091.00          | 97.20          | 0       |
| C               | OLLINSVILLE    | 10.390                 | \$48,027.00          | 100.00         | 15      |
| G               | AINESVILLE     | 209.000                | \$8,278.00           | 70.50          | 61      |
| M               | IUENSTER       | 252.000                | \$13,454.00          | 107.60         | 237     |
| A               | VG             | 101.150                | \$25,583.00          | 94.50          | 109     |
|                 |                |                        | <b>DENTON COUNTY</b> |                |         |
|                 | CITY           | ACRES                  | \$ / ACRE            | ASK/SELL RATIO | DOM     |
| P               | ONDER          | 26.650                 | \$49,205.00          | 87.40          | 9       |
| A               | VG             | 26.650                 | \$49,205.00          | 87.40          | 9       |
| MONTAGUE COUNTY |                |                        |                      |                |         |
|                 |                | ACRES                  | \$ / ACRE            | ASK/SELL RATIO | DOM     |
| В               | OWIE           | 11.010                 | \$14,532.00          | 98.50          | 206     |
| S               | AINT JO        | 10.020                 | \$16,966.00          | 94.40          | 11      |
| S               | AINT JO        | 10.020                 | \$19,581.00          | 93.50          | 85      |
|                 | OWIE           | 20.000                 | \$12,525.00          | 100.40         | 6       |
|                 | OCONA          | 38.000                 | \$7,737.00           | 97.30          | 204     |
|                 | OWIE           | 22.460                 | \$13,998.00          | 93.30          | 5       |
|                 | OCONA          | 24.710                 | \$15,095.00          | 97.40          | 27      |
|                 | OWIE           | 40.000                 | \$10,000.00          | 100.00         | 174     |
|                 | OWIE           | 41.390                 | \$10,147.00          | 105.30         | 26      |
| A               | VG             | 24.180                 | \$13,398.00          | 97.80          | 83      |
|                 |                | Williams - etc. (Bro.) | WISE COUNTY          | MILLER TO THE  | CHI DIE |
|                 | W 1877 to 1977 | ACRES                  | \$ / ACRE            | ASK/SELL RATIO | DOM     |
|                 | HICO           | 11.760                 | \$11,054.00          | 92.20          | 147     |
|                 | OYD            | 10.100                 | \$34,653.00          | 100.00         | 5       |
|                 | HICO           | 21.430                 | \$16,796.00          | 96.00          | 183     |
|                 | ECATUR         | 13.840                 | \$27,457.00          | 96.30          | 133     |
|                 | LVORD          | 27.720                 | \$14,069.00          | 88.50          | 338     |
|                 | LVORD          | 25.110                 | \$17,364.00          | 99.20          | 35      |
|                 | ECATUR         | 30.770                 | \$21,626.00          | 90.10          | 229     |
|                 | ECATUR         | 37.500                 | \$23,040.00          | 100.00         | 10      |
|                 | ECATUR         | 269.930                | \$9,306.00           | 100.00         | 7       |
|                 | ECATUR         | 139.000                | \$8,913.00           | 89.10          | 531     |
| A               | VG             | 58.720                 | \$18,428.00          | 95.10          | 152     |







## How to Switch to Regenerative Management Without Big Upfront Costs, Tough Trade-offs

When Noble Research Institute leaders talk to ranchers about making a shift to regenerative management, they inevitably field the two big questions: "So ... what's the cost? What's the trade-off?"

Noble Senior Ag Consultant Mike Porter says ranchers often expect to hear that new management practices automatically come with a prohibitive price tag.

"The fact is, if somebody is doing regenerative management

appropriately, they should have fewer costs," Porter says. "The whole point is to work with the resources you have."

He's leery of anyone who says a rancher needs to make big, upfront infrastructure investments or pay a high price for a new tool or trick in order to consider themselves 'regenerative.'

### Trade Productivity for Profitability

Traditional thinking holds that

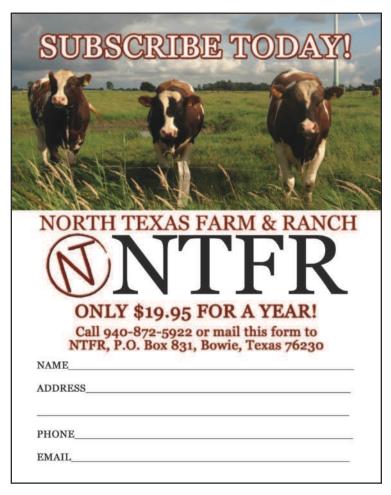
more production is better: run the largest herd possible, weigh up the most pounds on sale day, grow the biggest bushel load to put in the bin, measure the success of a day by how many tasks were checked off the list.

Unfortunately, this productivity mindset does not always pay off with true profitability.

Instead, a necessary, immediate investment may be the time and attention to keep very detailed

records on exactly where money flows in and out of the ranch business.

"If you start looking – and I mean really looking hard – at exactly what it costs to feed that bale of hay or grow that bushel of grain or send that calf to market, you'll likely become regenerative on your own," Porter says. "It might become apparent that a lot of those expenses are not actually **Continued on page 20** 



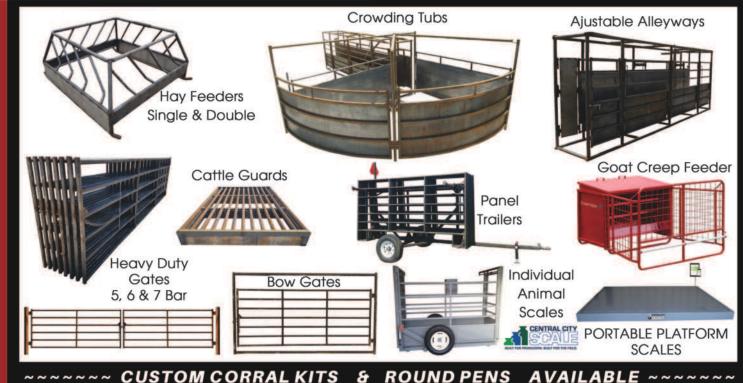


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### FARM & RANCH

### Continued from page 18 making money in return."

He points to Noble's Red River Ranch as an example. The 3,000acre property was traditionally a pecan farm and monoculture bermudagrass grazing and haying operation.

The land produced, on average, a little more than 900 tons of hay each year to feed its year-round cow herd, part-time stocker herd, and bulls. The operation also exported hay to other Noble ranch properties. When the manager eliminated the haying enterprise to shift to a year-round grazing-based system, he immediately eliminated tens of thousands of dollars of fertilizer, herbicide and haying expenses.

The growth previously cut and baled for hay was instead utilized as year-round forage for a more diverse herd. The ranch maintained the same number of mature cows and decreased stocker numbers but added a year-round yearling heifer herd, plus a sheep and goat herd.

These new income streams better utilized their available resources. The manager also tracked a noticeable decrease in veterinary bills, hypothesizing that increased forage diversity provided a better-balanced diet and increased the animals' natural immune response.

They lost the hay enterprise but also realized it had acted as a mining operation, exporting muchneeded nutrients and fertility from the soil at a rate that was difficult to replace with chemical inputs.

In all, the Red River Ranch's stocking rate in animal units remained at about 94 percent of its traditional usage, while eliminating the costly iron and input costs associated with the haying operation. In this situation, these were profitable trade-offs in financial and ecological measurements.

"This might not be the case on every ranch," Porter says. "A hay enterprise might make sense in a different context, and it may



Noble Senior Ag Consultant Mike Porter suggests starting small, and somewhere that is easy to monitor when moving to a more adaptive grazing approach.



Overcoming our preconceived notions of what we think we should do, or how our land should look might be easier as we gather educational resources and develop a network of peers aimed at similar goals. (Photos courtesy of The Noble Research Institute)

even involve a little herbicide or fertilizer use. But you've got to really evaluate those decisions and make sure they're in line with soil health principles and ecosystem processes and true profitability."

### Look for small, sustainable solutions - not a silver bullet.

Someone seeking new solutions in regenerative ranching might assume upfront infrastructure costs in fencing and water are inevitable. Again, Porter cautions against that kind of silver-bullet solution thinking.

If you're moving to a more adaptive grazing approach, you might need to make some investments in electric, temporary fencing, but Porter suggests taking a conservative approach.

"Start small, and start somewhere that's easy to monitor," he says. Try a new grazing system with a small group of animals near the home place where you can keep close track of the changes in

your plant community, the soil, the livestock performance.

"Until you do it for a while, you might not know for sure where your water needs to be located or what the flow rate should be or where fences need to be located, so I think it's a big mistake to invest in a bunch of infrastructure upfront."

Use what you have until you're confident any investment you make will return profitability. Perhaps you don't have the water infrastructure you need to graze a particular pasture the way you'd like to, but your neighbor does have water near that land. Does it make sense to reduce your own herd and lease that land to the neighbor for a few years while you save the money for the water investment?

Maybe you have heavy woody encroachment in an area, but you don't have the capital to increase stock density enough to trample it down naturally, or you're in a drought, and fire isn't an option. You don't want to spend the money or sacrifice ecological function to wage a chemical war.

"Maybe that woody vegetation is supporting some deer, some turkey, quail, and that land is wellsuited as a hunting or recreational lease instead," Porter says.

The point, he says, is rather than asking how another costly input could solve a problem, Porter asks himself, 'How can I work with that I have? How would nature solve this problem?'

### Invest in new thinking.

"I think it's fair to say that the biggest upfront cost is mentally and emotionally re-thinking the way we've done things," Porter says. "Too often, we feed hay four, five months of the year because we have the equipment to do it. We spray weeds because we don't like to look at them. We fertilize because we like that manicured-

looking monoculture. Agriculture is full of our own prejudices and biases about how things should be, or how they should look to ourselves and our neighbors."

Change inevitably comes with an emotional price to pay for bucking social stigmas. Overcoming our preconceived notions of what we think we should do, or how our land should look might be easier as we gather educational resources and develop a network of peers aimed at similar goals. It's hard to go against the norm, Porter admits, but acknowledging and accepting that challenge is the start of overcoming it.

"It's like wearing out-of-style clothes, knowing everybody else is looking at you and thinking you're strange or wrong," he says. "But maybe you're the trendsetter, and you've got the style that's going to be in Vogue in five years. So stick with it when you believe it is the right thing to do."



### +

## Blister Beetles: One Deadly Bug

By Dr. Garrett Metcalf

A knowledgeable horse person knows that blister beetles in your alfalfa hay or pasture is a serious concern and rather life threatening to their horses, but they don't always know ways to avoid them or manage them on the farm. There are some details about their behavior and traits that can be helpful to understand to prevent horses from being exposed to them as much as possible.

The most common blister beetles in Oklahoma are the striped beetle that is brown and gold colored with a long slender body. All species of blister beetles have a toxin that is called cantharidin that is very toxic to horses and there are 200 species in the United States. The male beetle will deliver the toxin to the female during mating to protect the eggs from predators. The most problematic species live in the southwestern states. Cattle and other livestock are more resilient to cantharidin but can be deadly to them as well. The toxin is a vesicant that is absorbed readily through the skin or internally creating the notorious blisters. The toxin is oily making it stable in live or dead beetles for long periods of time. The toxin amount varies among species of beetles but it has been found that striped beetles have a higher amount of the toxin. It is estimated that it can take as little as 20-30 adult striped beetles or 4 grams to be deadly to horses, but in some cases it can take less because sub lethal doses can lead to serious health issues for horses that are rather difficult to treat.

Blister beetles are gregarious meaning they like to remain in clusters or groups. This behavior makes them easier to spot in fields but that leads to more issues with



The most common blister beetles in Oklahoma are the striped beetle that is brown and gold colored with a long, slender body. (Photo courtesy of Dr. Garrett Metcalf)



accumulation in hay. When hay is mowed it can lead to a few bales having the majority of the beetles from the entire field. The beetles become active in mid-summer months and like to forage on the blooms of plants, especially alfalfa. The adults overwinter in their nests burrowed in the ground and lay eggs once a year. The beetles tend to cluster near the edge of the fields making them more easily spotted when scouting for them.

There are many methods to avoid or reduce the risk of blister beetles in hay for producers. A list of methods below can be employed if you are producing your own alfalfa hay.

·First cutting and last cutting of alfalfa will usually be blister beetle free.

·Cutting hay without a conditioner or crimping type mower prevents killing the beetles in the hay

Scouting fields before cutting

and use insecticides several days before harvesting

Need to spray insecticides before bloom to prevent killing honey bees and other harmless pollinators.

·Cutting alfalfa prior to blooming.

Many horse owners will avoid buying alfalfa hay from the southern states all together. Many owners will source hay from Colorado or Arizona where there is a lower risk of having blister beetles in the hay.

Hay from Oklahoma region can be used safely if these practices of cutting hay listed above are used but it does require more care to make sure it is blister beetle free as possible.

Some owners will see blister beetles present on the farm around yard lights or even in grass pastures. Even though this is disturbing to find, the risk of a horse ingesting a live beetle or a large enough quantity is very low from these possible exposures. The best thing would be to keep horses away from the area in the pasture where the beetles are found or the use of insecticides can be considered.

In my personal experience blister beetles seem to be attracted to yard lights. In order to keep them away it would be wise to keep lights off that are near the horse and hay barns if possible.

Horses signs of exposure to cantharidin are usually noted shortly after ingestion of blister beetles. The signs are colic, foaming or drooling from the mouth, playing in water, diarrhea, sweating and oral ulcerations. The effects on the urinary tract can cause damage to kidneys and ulceration of the urethra. The systemic results of the toxin in both urinary and gastrointestinal injury cause calcium to decline in the horses'

blood quickly leading to "thumps" or a diaphragmatic flutter. The phrenic nerve that innervates the diaphragm passes over the heart causing it to be activated when the heart beats.

There is no cure for cantharidin toxicosis. The only treatment is IV fluids, pain management, electrolyte supplementation and supportive care to keep the symptoms from worsening and to try prevent complications.

Horses that survive the initial on slot of cantharidin are at risk of other serious complications such as renal injury, endotoxemia, colitis and foundering.

Blisters beetles are a serious concern in the southern part of the United States and horse owners need to be aware of how deadly it can be.

Hopefully this information will give horse owners more knowledge on how to prevent exposure to these lethal beetles. N



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## Traveling Tips

By Krista Lucas Wynn

There is more to traveling with horses than just loading up your equine partner and hitting the road. It is important to know what to bring along on the trip to keep you and your horse comfortable and safe, whether you are going down the rodeo road or just trial riding locally for the weekend.

Traveling with horses can be stressful when unplanned situations arise. A checklist of supplies can help alleviate some of the stress of feeling like you may have forgotten something important.

On a short trip, the essentials to remember include brushes, curry combs and hoof picks, along with fly spray and show sheen. The most important items may be your saddle, saddle pad and a bridle or two. You may also need multiple pairs of leg wraps and overreach boots, depending on the discipline.

Also, you need to have plenty of vet wrap, and a first aid kit packed in case of an emergency. A good first aid kit can include syringes, antibiotics, bute, and banamine. If you are traveling north toward cooler temperatures, it may be wise to have horse blankets on hand. Horses who have been in the Texas heat can be vulnerable to sickness and infections if they experience drastic weather changes.

Many rodeo contestants travel with a second set of shoes for their horses. This is in case a horse loses a shoe, and their personal farrier is not in the area. It is much easier to get someone to tack a shoe on that is already fit for the specific horse.

Be sure to travel with plenty of feed, hay and water if staying overnight. You can not always buy a certain kind of product while out on the road. For longer trips, you will need buckets, bucket straps and hay bags. It is easy to fill up plastic gas cans with fresh water to haul. This is especially a good idea if your horse is a picky drinker on the road.

With the Texas heat, it is vital you keep your horse cool and comfortable while hauling for any length of time. You can rinse the horse off right before loading and have the windows down for a breeze. When traveling long distances, shavings can give a horse a more comfortable ride and putting ice throughout the shavings can keep it cool. The downfall of this tactic is that once it melts, you do not want



IcyBreeze is a portable air conditioner used to beat the heat. (Photo courtesy www.icybreeze.com)

a wet, slick mess.

Another option is portable fans. Small, portable fans can be purchased from websites like Amazon to be hung in your trailer or barn. There are also several new brands of portable air conditioners on the market to choose from to beat the heat.

Other miscellaneous items that are good to have on hand are extension cords and zip ties. You should also always travel with a spare tire, tire gauge and any other equipment to change a tire.

Whether you are going to a rodeo, jackpot or just down the road to trail ride for the day, it is always necessary to carry horses' coggins papers and health certificates. You never know when you may be asked to show those. It is easy to put your horse first and forget about what you may need as a rider. As you hit the road, be sure to remember your shirt, hat, boots, and belt, and maybe even some drinks and snacks.



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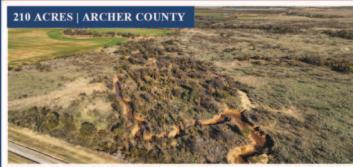
Located west of Burkburnett and north of Iowa Park on the south and east side of FM 368. The property consists of approximately 145 acres of farmland with the balance being native mesquite pasture. The topography is level to sloping southeast. Amenities includes a stock pond and barbed wire perimeter fence. No minerals are owned.



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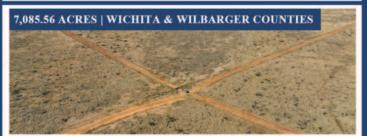
Located on Hwy 79, 1.3 miles south of the intersection of Highway 79 and FM 1954, in Holliday ISD. The land is predominately wooded with mature mesquite with scattered open areas. The entire north portion has been cleared and planted with grass. The topography is level to slightly sloping northwest. There is one pond and a seasonal creek. Water and electricity are available. The Seller will consider dividing into two tracts.



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## The Rodeo Run

By Phillip Kitts

Cowboy Christmas has come and gone, and the summer run is wrapping up. Where does this leave the rodeo world, and what can we expect as we roll into the fall? To answer this question, you really must go back to the start of summer and see how things progressed.

When May rolls into June and the rodeo road heats up, most of the heavy hitters of rodeo are healthy and eager to tear up the highways of America. This change of season starts to split the athletes of rodeo into two groups. These two groups break down to circuit cowboys who tend to chase more local rodeos and set their goals on each circuit finals. Meanwhile, the other group of athletes are your tour competitors, and their dreams are a little different. This group of athletes have their eyes on Vegas and the Wrangler National Finals Rodeo.

Yes, there is a significant difference in the amount of money we are talking about, but the end goal is similar; use the summer months and the large number of rodeos to make as much money as possible and qualify for the finals you are chasing.

Putting our focus on the tour athletes, this year really got rolling during Memorial Day weekend. With large rodeos all over the United States, athletes had to plan their travel and set their goals based on where the most money was and how they could fit it in their travel. Traditionally, Fort Smith, Ark., has been a major player in this cycle, and this year after battling back from Covid, they are finding themselves in the mix. Reno also became the top name in this cycle. Within this time frame Woodward, Okla., makes its stand with being one of the top paying rodeos on its weekend.

Athletes run from rodeo to rodeo and use this time as preparation for the major run that develops as the month of June closes and July begins.

When June starts to wrap up and July kicks off, most rodeo athletes head to the northern part of the United States. Over the Fourth of July weekend a list of rodeos, all of which are pretty close together, offer a staggering pay opportunity. Some of these rodeo include Cody, Wyo., Red Lodge, Mont., St Paul, Ore., Livingston, Mont., and several in the Dakotas.

Continued on page 28





Rodeo athletes have been hitting the rodeo as they chase their dreams of making an appearance at the finals. (Photos courtesy Phillip Kitts, Avid Visual Imagery Rodeo Photography)



So as fall rolls in, if you are a true blue rodeo fan keep an eye out for that big name at a little rodeo that just might make the difference in one athlete's life. (Photo courtesy Phillip Kitts, Avid Visual Imagery Rodeo Photography)

### Continued from page 27

On any given day, a rough stock rider can find themselves riding in Montana in the early afternoon, Wyoming in the evening and then looking at an all night drive to the Dakotas or Oregon for their next competition. On the timed event side, things are just as difficult, and it is not uncommon for an athlete to have arranged for a mount in several states.

During this week, many athletes will double their annual income and set the tone for the rest of the rodeo season. By the time Cowboy Christmas comes to an end, the stage has been set for what might be the most exciting part of the rodeo season.

When mid-July arrives, athletes have been competing daily for several weeks. Their bodies, their animal athlete partners and their equipment have been put to the test. Usually, it is at this time they know if they are going

to have a shot at the finals. In true cowboy fashion, it is rare to see many go home and call it a year. Many that are facing the risk of not getting their golden ticket will do nothing more than put in even more miles and more contests with the goal of climbing back up the ladder.

August and September bring the fall run and the approach of the end of the season. With plenty of big rodeos still on the schedule the split in the road comes near. Cowboys who are fairly positive they have what it takes to make the Finals will then put their focus on big rodeos like Sikeston, Mo., Pendleton, Ore., and a few others that tend to pay more holes and have bigger payouts.

At the same time, cowboys who are close to the bubble or sitting outside of where they need to be will continue to match wits at the big rodeos, but they will also hit as many small rodeos as they can. This is why it becomes such an exciting time where a lot of small town rodeo fans just might see that world famous athlete show up in their town making that big run for the finals. Rodeo to rodeo, the competition and the try from each individual just gets bigger and the results tend to be more spectacular.

Come the end of September, it will get really wild. The last weekend brings the closing of the rodeo season.

When September closes, you see the massive rush of rodeo athletes making one last desperate push to get themselves inside that coveted top 15. It never fails that in one event just one cowboy will have that last big win, and he will squeak into the big show.

So as fall rolls in, if you are a true blue rodeo fan keep an eye out for that big name at a little rodeo that just might make the difference in one athlete's life.

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CASE I

# WHENA CITY GIRL goes country By Annette Bridges Never Say Never

Have you ever said "never again" about something?

After our 17-year-old dachshund passed away in 2018, I told my husband never again would I let another fur baby steal my heart. My heart was broken, and I could not bear the thought of loving and losing again.

We both stand by our desire to not have another animal share our home. At least that is our current wish, as we have traveling hopes and remodeling and moving goals. We have explained to our family and ourselves it is about freedom. We have help with caring for our cows when we are away, but indoor pets are another story, and we worry that we just do not want to take on more at this time.

What I have learned in so many other areas of my life is that when I proclaim never again about anything, the universe somehow finds a way to make me eat those words with some exception to my rule.

My latest never again story began a few months ago, and although I have no idea what the rest of the story will look like, I thought I would share the current chapter.

We have a huge and very old fruitless mulberry tree, whose trunk is hollowed out. Our barn cat often has her kittens in the trunk of this old tree that stands in the safety of our fenced-in backyard. She and her babies reside in it until she is ready to move them to the barn.

For some strange never-happened-before reason she deserted one of her kittens in our backyard tree. Naturally, we started feeding it and providing water. As the weeks passed, we decided it needed better shelter from weather than the tree trunk provided, so we bought a waterproof insulated house and built platforms for her food and water bowls.

Apparently, I neglected to provide more rules to the universe with my proclamation to never again allow an animal to steal my heart. I never imagined I could someday have a tree cat adopt me.

When I say tree cat, I do in fact mean tree



A photo of Annette's white feline, Snowbaby. (Photo courtesy Annette Bridges)

cat. This little feral beauty lets me rub her, and she purrs with glee when I get near. However, she does not want her feet off her tree. Indeed, I am quite sure she has never left her tree and allowed her feet to touch the ground. She vanishes into the hollow of the trunk at the sight of anyone but me.

For months I was not quite sure if my little tree cat was a boy or a girl. That determination was recently learned. I have a female tree cat that has been named Snowbaby, whose striking blue eyes mesmerize me into spending as much time as I can by her tree. I keep a ladder by her tree to climb up so I can get as close as she will allow. She loves for me to be up on her level. She immediately gets into her house and starts rolling on her back for me to rub her tummy.

In the 42 plus years of having barn cats come and go, we have never had a white feline. It seems this is a never-before fact the universe also thought was time to rectify.

Here is my word to the wise, my friends. Simply put, it is very possible there is no such thing as never again, especially when it comes to love. Love has a way of capturing our hearts in the most unexpected ways and often at the most unanticipated times. Snowbaby now has mine.

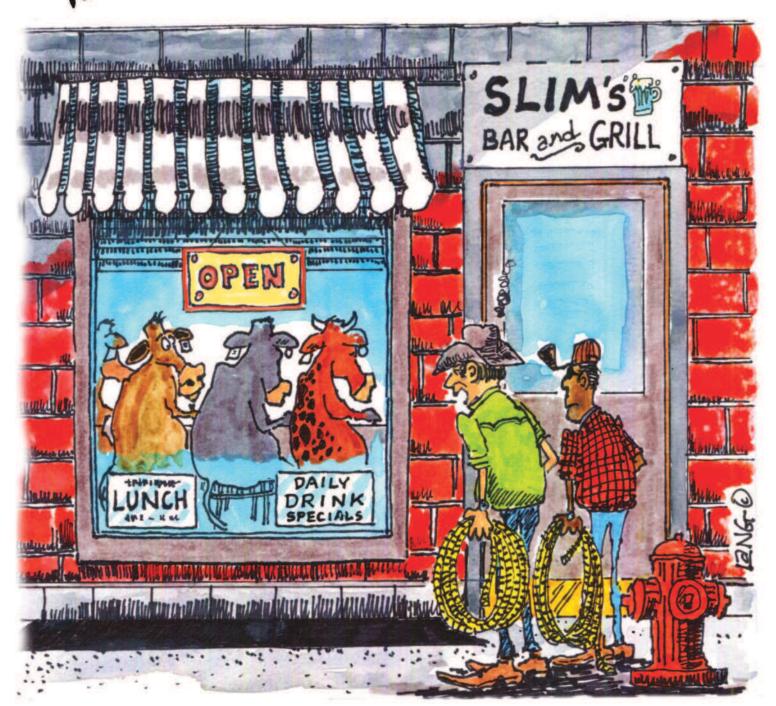








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# Horse Trainers Elliot and A Dedication to the

The definition of the word versatile means able to adapt or be adapted to many different functions or activities, and it adequately describes the horsemanship career Elliot and Caitie Holtzman have built with a true love of horses at the foundation of everything they do.

Their business is appropriately named Versatile Horsemanship, as they utilize their formal and informal educations and experiences to provide starting under saddle, halter breaking, Liberty horses, trick training, select sale horses, clinics, lessons, reined cow horse, dressage, ranch versatility and entertainment. Through their ability to learn and adapt to many situations, the Holtzmans have seen success in a multitude of disciplines, including both ridden and freestyle work.

"I used to think our business needed to look like a cookie cutter version of what others did. I thought we had to choose one specific step-by-step program, one equestrian sport, but we call ourselves Versatile Horsemanship because we could never pick just one dis-Continued on page 36



# Caitie Holtzman: Viscíplines





### Continued from page 35

cipline," Caitie explained. "If we would have picked one discipline, we would have never gotten to travel as much as we have or met the great people we are blessed to have in our lives."

### From the Beginning

Elliot was born and raised in North Texas. As a child, he was active in Boy Scouts and enjoyed anything outdoors but did not spend a lot of time around horses.

"I didn't really get into horses until she moved out here and brought one," Elliot chuckled. "I never really worked for anyone. I started doing my own thing trimming trees, building fences, and that turned into work at a lot of horse facilities. It goes hand in hand with getting into the industry because I was at facilities that trained horses. We did many jobs like that before we were full time horse trainers."

Caitie was just 18 years old when she left her home state of Georgia the day after graduating high school to come to Texas and pursue a career in the equine industry. She had grown up with an appreciation for horses. Her mother owned a horse, and her grandfather had a love of cow horses, which Caitie inherited.

"I did not grow up riding cow horses at all, I just loved them. I wasn't sure if I was going to be a trainer, or a vet, but I knew I wanted to do something in the equine industry," Caitie recalled.

Her grandfather knew Caitie adored western performance horses and encouraged her to choose Texas or California where the industry was strong. Caitie had an aunt in the Lone Star State, a place she often visited in the summer during her childhood, so she picked up her belongings and moved to Texas. However, it would be several years before Caitie began work in the equine industry.

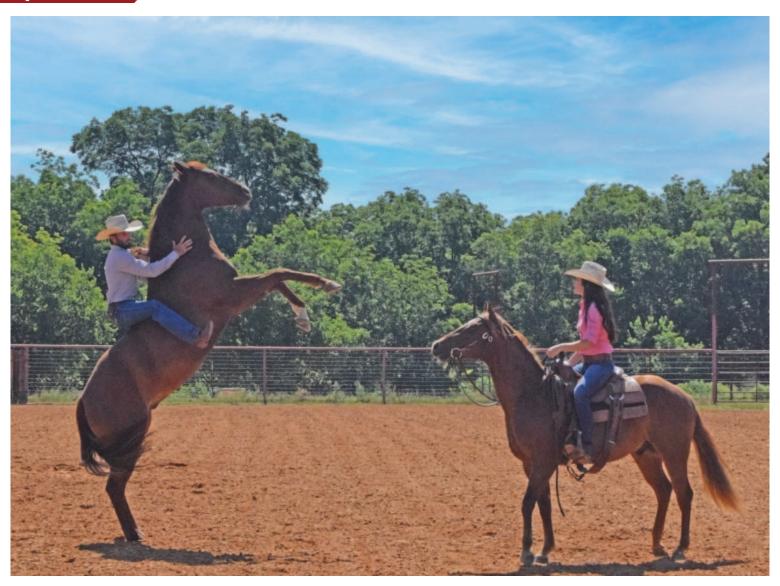
"I didn't know anyone here but my aunt and it was intimidating at **Continued on page 38** 





Elliot and Caitie Holtzman utilize their formal and informal educations and experiences, along with a deep love for horses, to provide a multitude of training disciplines. (Photo by Shaina Zollman)





Elliot and Caitie in the arena with Punk and Spade. (Photo by Dani Blackburn)

#### Continued from page 36

the time to pick up the phone and start calling equine professionals," Caitie said. "I think my family was more shocked than anything. They probably thought, 'Welp, she's going to learn the hard way,' and I did, but I just kept going through it, whether that was foolish or not. I guess I tend to learn things the hard way. I think no matter how you get into this industry; it is hard. You just pick your hard. The most difficult part for me was having the confidence to go for it and not looking back."

#### **Getting Started**

For several years after moving to Texas, Caitie worked odd jobs, including as a florist delivery driver and a receptionist at a hair salon. She spent her days working and paying bills – until her aunt stepped in. She made a deal with her niece that if she were to start her basics at North Central Texas College and maintain a certain GPA, she would help her pay for a portion of school.

"I agreed and started classes at NCTC in Corinth. I somehow found out the Gainesville campus had a horse program, and I contacted them, did the interview, and transferred as soon as I could," Caitie laughed.

Elliot and Caitie had known each other since childhood, often seeing one another when Caitie would visit her aunt, and

the couple married in 2014. The Holtzmans' start into working with other horses came when they rented a barn at a boarding facility where their two horses stayed. They began riding for others who needed their horses exercised and training advanced during the week. Caitie would attend classes all day, or work on her days off from school, while Elliot would work all day. Then the pair could be found in the arena at night riding. They would go home, sleep a bit, get up and do it all over again. And while at NCTC, Caitie was mentored by Becky Terrell and Bill Kaven, who had a profound influence on her.

"They really helped me get

my foot in the door and taught me the things I needed to know," Caitie said. "I grew up riding, but I still probably looked like a drunk monkey on the back of a horse. I also had a stutter growing up. I had to take speech classes, and I was a very quiet kid. They helped teach me those skills I needed to go on in the industry. If not for them and my aunt, I don't know if I would be in the industry."

Caitie went on to earn a Bachelor and Master of Science in Agriculture with a focus on Equine and Ag Education from Texas A&M University-Commerce. During her time at NCTC, Caitie and Elliot were presented with the opportunity to participate in the



Extreme Mustang Makeover. The event, presented by the Mustang Heritage Foundation, pairs wild mares and geldings, typically four to seven years old, with approved trainers who spend approximately 100 days preparing for classes that will showcase the mustangs new skills. At the conclusion of the event, all mustangs are available for adoption or purchase via public competitive bid.

It was here Elliot and Caitie were introduced to other mentors who would become not only friends but family. They included Dan James, Elizabeth James, Mark Lyon, Lanny Leach and Stormy Mullins, who have all been instrumental in teaching Elliot and Caitie. Their vet, Dr. Bridget Heilsberg of Whitesboro, has always pushed and supported the Holtzmans. They also have recently gotten to know Mike Major, whose work they have been following since Project Cowboy, when Elliot competed in Project Cowboy with him.

"NCTC and Mustang Makeover both taught us really fast what we didn't know. We ended up in the same place as people we probably would have never met otherwise, because what other program besides a college geared towards horses and a 100-day wild horse challenge are you going to meet guys like Mark and Dan and all these incredible trainers? It put it all in place, and that's what finally got our foot in the door," Caitie said.

Elliot and Caitie have been able to learn a multitude of disciplines from their various mentors and continue to learn as much as they can at every chance they get. This included falling in love with Liberty work after hosting a clinic at their place in Texas for Dan James. He brought his horse Swampy, and Caitie joined in on the clinic, quickly realizing a passion for the work. So instead of focusing on just one discipline, Elliot and Caitie chose a multi-faceted approach for their own business.



Elliot Holtzman with his mustang, Gunsmoke, for The Fort Worth Mustang Show. (Photo by Caitie Holtzman)

Now, starting colts is their bread and butter, while showing is a fun experience. They work one-on-one with their clients and horses to help them achieve their goals and enable them to successfully and safely handle and ride their own horses, while improving their horsemanship. They welcome all breeds and disciplines at Versatile Horsemanship.

"Taking ridden horse work and Liberty horse work and combining it all and being able to go out there and show it to people has been great. We didn't reinvent the wheel with any of this. It was all taught to us by mentors who really took interest in us from the start. I think trying to do justice by your mentors, trying to do right by them, is a huge thing. It's the most nervewracking when your mentors are there watching," Caitie said. "That

is their life work they have taught you and someone else's life work that was taught to them. You really want to go out there and do great. That's when I feel the pressure."

#### Accomplishments

Elliot's career kicked off when he was named a Legacy of Legends scholarship recipient in 2014. Legacy of Legends offers scholarships to deserving students in pursuit of a higher level of consciousness in conjunction with the horse. It aims to preserve the legacy of legendary horsemen Ray Hunt and Tom Dorrance.

Since wrapping up his time with Legacy of Legends, he has seen success in multiple arenas. Elliot's accomplishments thus far include:

2013 Top 10 Hunter Hack, Extreme Mustang Makeover

2015 Top 10 Trail, Extreme

Mustang Makeover

2016 Reserve Champion Colt Starting Competition, River Valley Horsecamp, Iowa

2017 Reserve Champion Colt Starting Competition, River Valley Horsecamp, Iowa

2018 World Show Junior Horse, Reserve Champion, Stock Horse of Texas

2018 Junior Horse, year-end Reserve Champion, Stock Horse of Texas

2018 Junior Horse year-end Champion, Oklahoma Stock Horse Association

2018 Reserve Champion Colt Starting Competition, River Valley Horsecamp, Iowa

2019 Level 1 Open, year-end Reserve Champion, Stock Horse of Texas

2020 World Show Level 1 Open, third place, Stock Horse of Texas

2020 Open year-end Champion, Oklahoma Stock Horse Association

2020 Junior Horse year-end Reserve Champion, Oklahoma Stock Horse Association

2021 ILHA Championship Show Freestyle Reserve Champion

2021 ILHA Equine Affaire Invitational Freestyle Champion

2021 Level 1 Open Futurity, National Reined Cow Horse Association

2022 NRHA Freestyle Reining, ninth place overall, National Western Stock Show

2022 Fan Favorite, National Western Stock Show

2022 Liberty Festival Invitational Freestyle, sixth place

2023 Youth Mentor Program Coach, National Western Stock Show

2023 12th place NRHA Freestyle Reining, National Western Stock Show

Elliot also rode in the Friesian Dressage certification test in 2022 and has a mustang for this year's Fort Worth Mustang Show, which will be at 6 p.m. on September 9 at Continued on page 40



#### Continued from page 39

Will Rogers Coliseum. Mustangs will be available for purchase following the competition. Tickets are available. Visit thefortworthmustangshow.com for more information.

Meanwhile, Caitie has also been busy, and her accomplishments include the following:

2013 Top 10 in Freestyle, Extreme Mustang Makeover

2021 NRHA Freestyle Reining, seventh place, Ohio Quarter Horse Association All American Quarter Horse Congress

2021 ILHA Championship Show Freestyle Champion

2021 ILHA Equine Affaire Invitational Freestyle Reserve Champion

2022 Horsemanship Freestyle Reserve Champion, Kentucky, Road to the Horse

2022 Wild Card Entertainer, Texas, Road to the Horse

2022 ILHA RTTH Invitational Freestyle Champion

2022 Liberty Festival Invitational Freestyle, fourth place

2023 NRHA Freestyle Reining, 10th place, National Western Stock Show

2023 NRHA Freestyle Reining at NRHA Derby, fifth place

Caitie was the 2022 and 2023 Presenter and Entertainer at Art of the Cowgirl, one of her favorite events, and she began teaching Liberty clinics across the country.

"I remember telling an intern in years past that I would never be a traveling clinician. Who would have thought this shy girl from Georgia who had a stutter and never talked to anyone would now travel the country doing demos, presentations, and clinics? It is kind of crazy," Caitie pondered. "I can't even tell you which discipline is my favorite. I used to tell you it was for the ridden disciplines, the freestyle reining or cow horse, but now it would be hard for me to put one above the other and not include the Liberty work, too. I think it is because of that creative aspect of it."





(Top) Elliot Holtzman with his horse, Wally. Photo by Shaina Zollman. (Left) Caitie Holtzman puts some work in with Punk, while on Spade. Photo by Dani Blackburn.

Combined appearances for Elliot and Caitie include being entertainers and clinicians at the 2023 Road to the Horse and a performance in the 2022 Fantasia Nighttime Show for Equine Affaire.

Another career highlight was being a part of The American Performance Horseman at Globe Life Field in front of 20,000 spectators. They also attended the very first Run for a Million, helping Dan James haul his team of horses

to the event where he was in the freestyle reining. The couple said it was a phenomenal experience to be at the inaugural event.

Elliot and Caitie have traveled the world showcasing and sharing their knowledge. Trips include going to Canada to help Dan and Elizabeth James with Liberty horse work on the set of the television show Heartland, as well as making trips to Germany and Africa for other work. Africa is home to the African Stock

Horse Association, and Elliot and Caitie travel with Mark Lyon and Miranda Holaday teaching clinics and starting colts. Their journey is proof that you never quite know where life will take you, but with an enthusiasm for what you do and a strong work ethic, you might just go further than ever expected.

"I never thought we would own a farm; never thought I would be a traveling clinician. I never thought I would be doing entertainment Continued on page 42









#### Continued from page 40

and performance horses. If you had asked me even five years ago if I would have been doing freestyle, I would have said no. I never thought I would ride my horse in Globe Life Field. I never thought I would go to Africa for horses or go to Africa at all. I never thought we would have the contacts and closeness of friendships we have with people in this industry," Caitie said.

#### **Balance Training and Traveling**

Their work involves a lot of travel with many responsibilities at home, but they balance it all by being well-prepared and having top-notch help at home. They make sure to plan 90-day increments to bring in colts for training when they have a lapse in travel in their schedule. They enjoy training horses and seeing what they go on to do in their career, whether that is futurity showing, ranch horse versatility, cross country, or even Liberty specialty acts.

Training is a rewarding process, but there are always ups and downs. There are those days when they question if it will all work out in the end, but it is rewarding to see the results of their hard work pay off.

"It is fun watching clients do performances and shows with their horses and getting to watch them put it all together. It doesn't matter what we can do with horses, but have we educated them enough for someone else to be able to go and enjoy them? I think that is one of the greatest gifts, not just to a horse person, but to a horse. He must be well educated, or he is probably going to end up in a bad situation. Nobody is going to find value in him. Whether it is Liberty horse, ridden horse work, we are just trying to get them as educated as we can, so they have a future beyond us. It is amazing to see horses you have started and trained be valuable for someone," Caitie said.

Elliot and Caitie conduct clinics at their ranch and have found a niche in resort-style clinics. The property is set up with a place of RV plugs, a tiny house, pens for the horses so they are sheltered, an entertainment room, and more. In September, they conduct an annual women's clinic that includes a trail ride, spa day, wine and bourbon tasting, and each year a specialty act.

"We cater to them because so much experience in this industry is fun. If you're not having fun, what are you doing? We really want to give people a good experience in the horse industry. I think being here gives people a glimpse of how much fun it can be. It is not just about hard work. It is hard work, but we do it because we love it. It is a passion," Caitie said.





(Above) Elliot Holtzman spends an afternoon working with Wally, while (left) Caitie, atop Spade, takes a short break to love on Punk. Photo by Dani Blackburn.

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Elliot and Caitie Holtzman with their horses, including Wally, Wasabi, Punk, and Cuban. (Photo by Shaina Zollman)

#### What's Next?

There is no slowing down for the Holtzmans, who will have a busy rest of the year.

"We have a few things in the books already," Elliot said. "I have a mustang for the Mustang Show, and an invitation to show at Mustang Magic in January. In February, I am going to Argentina to do a 300-mile horse race, the Gaucho Derby."

Caitie is the Director of Clubs for the International Liberty Horse Association. The ILHA has clubs all over the world, including Australia, Canada, and soon, Germany, as well as across the United States. The championship is at Liberty Fest, the association's annual event, and Caitie hopes to be competing in their invitational freestyle.

"It has connected a lot of people from many different disciplines. We have Grand Prix horses, cross-country horses, Thoroughbreds, mustangs, cow horses, reiners, and mules. I have friends that breed and train Icelandic horses and they are a part of the association. Mark even has a Liberty trained cow he does specialty acts with. It has been amazing to see all the different breeds, backgrounds and trainers coming together and see how they have incorporated their discipline into it," Caitie said.

The local chapter of the ILHA, the Southwest Liberty Horse Club, will host the Liberty Horse Show July 28-30 at the Young County Arena in Graham. The event will include classes for any horse and handler on the lead line, brideless and bareback, obstacles, freestyle, Liberty, and training level. The Holtzmans have friends coming in from all over the country to open the evening. It is free for spectators. Visit www.southwestlibertyhorse. com for more information. In October, Elliot and Caitie will be in Kentucky for the Liberty Festival, an expo hosted by the International Liberty Horse Association.

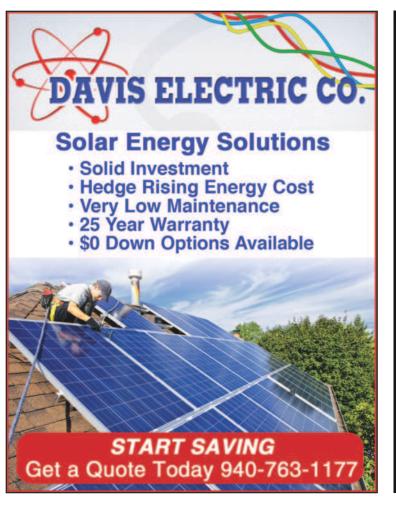
The couple has plans to conduct Liberty demos at a new horse expo in Greenville in November, as well as make a trip back to Denver for freestyle reining and to Arizona for Art of the Cowgirl. Elliot and Caitie are considering providing rodeo entertainment at local events and they do offer private events. While it is still on the ground floor, Caitie is looking for ways to further utilize her education and hopes to conduct instructional classes. They will teach basic horsemanship, including how to set up a feed program, read a feed tag, select a bridle, and more. For anyone looking to get into the industry, Elliot and Caitie encourage those individuals to simply ask for help.

"A lot of people are more than happy to help. You just have to ask," Caitie encouraged.

To follow the Holtzmans on social media, visit them @Versatile Horses on both Facebook and Instagram, or learn more at www. Versatilehorses.com.

















#### *Ingredients:*

8-10 medium potatoes, peeled and cut into ½ inch cubes

1 can cream of mushroom soup, undiluted

1 ½ cups milk

1 envelope of Ranch dressing mix

1 ½ cups shredded cheddar cheese, divided

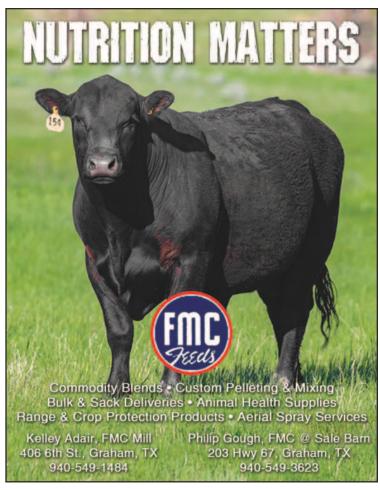
salt and pepper

6 slices bacon, cooked and crumbled

#### Directions:

Add the potatoes to a pot, cover with water and boil for about 10 to 12 minutes, or until potatoes are almost tender. Drain. Place potatoes in a greased 9x13 inch baking dish. In a bowl, mix soup, milk, Ranch packet, 1 cup of cheese and salt and pepper. Pour over potatoes. sprinkle with crumbled bacon and the remaining cheese. Bake uncovered at 350 degrees for 25 to 30 minutes or until the potatoes are tender. (§7)







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# North Texas Fair & Rodeo Quickly Approaching

Wrapping up summertime with fun and excitement for the entire family, the North Texas Fair & Rodeo brings delicious fair food, carnival rides, exceptional vendors, live music and intense rodeo action to Denton, Texas, every August.

The 95th annual NTFR will take place Aug. 18-26, 2023, at the North Texas Fairgrounds.

Nightly rodeos start at 7:30 p.m. followed by some of the hottest country music.

Aaron Watson will kick off the event on the Miller Lite Main Stage Friday, August 18, and the fun will continue with headlining performances by Scotty McCreery, La Mafia, Jake Hooker & The Outsiders, Carson Jeffrey, Kody West, Gary Allan, Reckless Kelly and Tracy Lawrence.

Every August, NTFR consistently brings exceptional country music to the north Texas region. Nevertheless, with a rapidly growing association built on several generations of memberships and volunteers, NTFR strives to place family fun and tradition at the forefront of everything it does.

"We continue to support our youth, agriculture and community," said NTFR Executive Director Glenn Carlton. "We strive every year to make this event better than it was the previous year. We want to bring you fun and excitement for the whole family."

The NTFR accomplishes this by hosting talented musical artists, professional and youth rodeos, livestock exhibitions, a premier midway and special exhibits.

Continuing the legacy of the association, this year's event will once again bring the north Texas community together to cherish





The 95th annual North Texas Fair & Rodeo comes to Denton this August, bringing with it delicious fair food, carnival rides, exceptional vendors, live music and intense rodeo action. (Photos courtesy North Texas Fair & Rodeo)

our western heritage with live entertainment, fun attractions and new exhibits. In response to the popularity of NTFR rodeo performances, the association is proud to add an additional 800 seats to the Coors Rodeo Arena.

NTFR has also arranged for more remote parking on both Saturdays at Texas Woman's University, in addition to the existing two lots at First Baptist Church and the original Denton High School.

The NTFR is a 501(c)(3) nonprofit organization dedicated to the preservation of western heritage. All revenue is reinvested into programs, scholarships and facilities.

The NTFR, and its associates, contribute around \$500,000 each year to area youth. According to the Center of Economic Develop-

ment at the University of North Texas, the NTFR and its facilities have a \$7 million economic impact in Denton County and an approximately \$4 million impact on the City of Denton.

For more information or to purchase tickets, visit ntfair.com. Advance, reduced cost tickets can also be purchased at any DFW O'Reilly Auto Parts store.

# On the Road WITH DAVE ALEXANDER



## Howdy Texas Music Fans and Friends!





Fine wine from the North Texas Hill Country has been gaining ground on the international wine market for quite some time now. The beautiful rolling hills just north of Saint Jo and Muenster are producing award-winning Texas grapes like never before.

What better way to present this fine wine to the world market than with award- winning Texas art? Sherri Alexander has been producing beautiful creations of fine art for just about as long as the North Texas wine country has been making fine wine, so it was no surprise when a prominent

winery in North Texas asked her to share her beautiful paintings on these North Texas fine wine bottles.

Alexander's fine art can be found in galleries from Santa Fe, N.M. to Jackson Hole, Wyo. Her paintings are hung in Double D Western Wear stores, as well as Old Gringo Boot Company in Fort Worth and the State Capitol Building in Austin.

Be on the lookout for this prominent unveiling of Texas art and Texas wine later this fall. See more of Sherri's paintings at www. lacodaart.com.

Listen to Dave Alexander's Radio Show Big Texas Country and Western Swing Show. www.davealexander.com







## How Summer Prescribed Burns Can Be a Safe and Efficient Way to Regenerate Grazing Lands

As people exercise each day to promote their health, they tear down and use their muscles, so those muscles can grow back stronger. Research shows the more diverse and strategic such exercises are, the better the outcome in building muscle.

In a similar sense, the prescribed burning of native rangelands rejuvenates the land for it to come back stronger than before. Steven Smith, a Noble Research Institute wildlife and fisheries consultant, says it is an excellent tool to restart nature's clock. When the area grows back, the new growth is not only more nutrient-dense, but it is also more palatable for livestock and wildlife. Burning is also a relatively economical approach to brush management when compared to other options.

A step back in time shows fire was an asset to the land long before prescribed burning became a common management practice. Another history lesson shows not all land is created equal, and different regions require different approaches.

"Very few environments did not have fire occur in some form or fashion," Smith says. "The difference is the frequency of fire."

The weather has a lot to do with how quickly an environment can regrow fuel for the next burn. For example, the Great Plains may have naturally burned every three to five years, whereas Florida fires may have occurred annually, or out west may have been only once a decade.

Today, burning pastures is used as a tool to enhance productivity of the land for both livestock and wildlife. Smith breaks the practice down into two categories - growing-season and dormant-season burns. Dormant-season burns typi-Continued on page 51





#### Continued from page 50

cally occur from December 1 to April 30, while a growing-season or "summer" burn typically falls between June 1 and October 1.

#### Why a summer burn?

Despite a dormant-season fire being more traditional, Smith says there is a case to be made for scheduling fire for the summer months.

"It's safer, and it adds some diversity to your burning program," he explains. "The third reason is, it is a little harder on encroaching brush."

In many areas of Oklahoma, March is a popular time to conduct prescribed burns on ranches. While that timing may have value for some, Smith argues it can be a dangerous time to burn because the weather is so volatile.

As residents of the Great Plains can attest, spring often comes with strong, unpredictable winds that rise up from passing weather systems - a recipe for disaster as far as fire is concerned. This is primarily caused by cold and warm fronts battling for position over the area. Smith says summer weather is more stable and likely to be hot and humid.

Beyond safety, summer burning allows land managers a larger span of time to schedule their burn. Because everything in agriculture hinges on the weather, and fires require multiple people, finding a time to burn can be a challenge. By having a larger window to work with, scheduling timely burns becomes more manageable, too.

For those who subscribe to a summer burn, Smith says they also enjoy a longer high-quality growing season. In a 2019 study done by Noble Research Institute, Smith and others determined July is a sweet spot for summer burns.

"Your forage in August can be pretty low quality," he explains, "It is probably averaging around six percent crude protein because it's already gone through its life cycle, so it's shutting down."



Steven Smith, a Noble Research Institute wildlife and fisheries consultant, uses a drip torch to start a prescribed burn at one of Noble's ranches.

| Burn Date | Crude Protein (CP) | Total Digestible<br>Nutrients (TDN) | Composite pounds per<br>acre collected Nov. 8 |
|-----------|--------------------|-------------------------------------|---|
| Unburned  | 6.5                | 41.1                                | 9,086   |
| June 18   | 6.6                | 39.0                                | 5,340   |
| July 3    | 7.6                | 40.3                                | 5,135   |
| July 16   | 7.5                | 38.8                                | 3,016   |
| July 31   | 9.4                | 49.3                                | 1,797   |
| Aug. 15   | 6.6                | 39.5                                | 1,489   |
| Aug. 26   | 9.9                | 41.9                                | 981   |

This table shows the results of an unburned control and five plots burned between mid-June and late August 2019 on native rangeland. Composite samples, consisting of grasses and forbs collected in a small sampling square, were taken on November 8 and evaluated for crude protein (CP), total digestible nutrients (TDN) and estimated pounds per acre of forage.





A prescribed burn in a pasture. (Photos courtesy Noble Research Institute)

Just like Smith says, though, fire forces a plant to restart. With 17 years of experience under his belt, he has seen plants in August after a July burn contain up to 16 percent protein and still have respectable forage production. As a bonus, the burn hopefully helped battle brush encroachment.

He does caution that with later burns (late August thru September), forage production begins to decrease significantly. Even though the forage coming back is still of high quality, too much production is lost to come out even. The table below offers real numbers of those differences in the 2019 study, showing that the later the burn, the lower the forage yield was going into dormancy that winter.

#### What is right for you?

Just like muscles begin to respond less and less to repetitive exercise over time, using a summer burn every year is not necessarily the ticket either.

"You have to look at the ranch as a whole," Smith says. "You have to look at each pasture and determine if that's the right thing for that pasture."

In addition to timely burns, Smith highly encourages ranchers to implement adaptive grazing. Then, ensure the burn timing matches the grazing management plan. These tools are all synergistic and feed off each other for maximum success, and there are a lot of things to consider.

"Try to mimic what the historical fire frequency was in your area," Smith says, as a good place to start. "That's probably going to range anywhere from three to five years for the Great Plains states."

If management goals include controlling encroaching brush, a rancher may want to burn more **Continued on page 54** 



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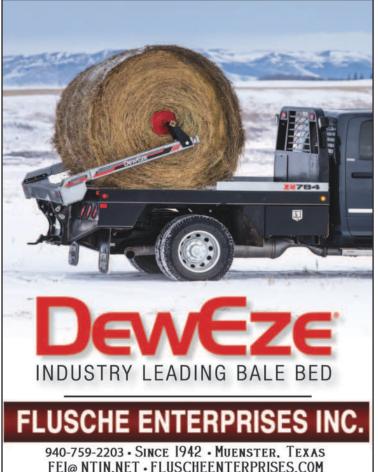
frequently for a few years before settling into a normal rhythm. When planning burn timing and frequency for your ranch, Smith suggests doing online research to identify data-driven prescribed burning guides; enlisting help from knowledgeable, experienced neighbors who have done prescribed burns before; and checking in with industry consultants such as state wildlife departments, county Natural Resource Conservation Services offices, not-forprofit conservation groups and private burn contractors.

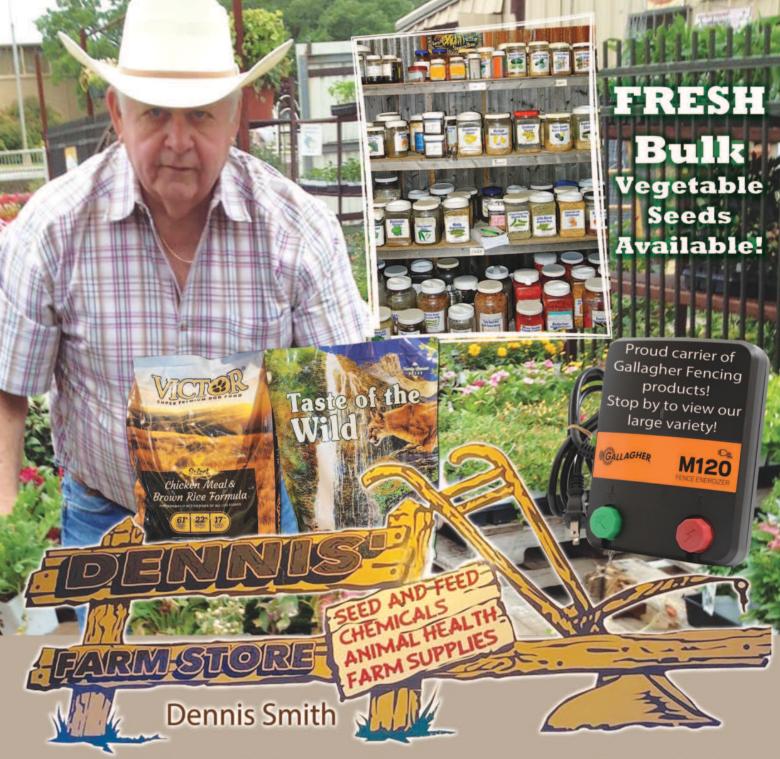
Just as in the muscle example, doing the same thing year after year will not optimize the plant diversity in native pastures. But implementing strategic burns over the course of many years, including some during the summer growing season, should pay diverse dividends in both forage and soil health.



Conducting a prescribed burn. (Photos courtesy Noble Research Institute)







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By Norman Winter | Horticulturist, Author, Speaker

# Hot New Firecracker for Your Hummingbird Celebrations

There was a new firecracker in town for the long Fourth of July celebration, and The Garden Guy could not have been happier. It is not the kind of firecracker to make noise other than the sounds of hummingbirds' wings rushing in to feed. It is not just for July 4 but the entire summer as well. The plant I am referring to is Estrellita Little Star, the new Bouvardia or firecracker bush.

While I flipped for the flowers, the old silver head guy went bonkers because he had never heard of a Bouvardia. This plant is native to the southwest and needs my kind of soil in Georgia, but I am also from Texas so you would have thought I would have at least heard of Bouvardia.

Bouvardia is in the Rubiaceae family with other great firecrackers like the Manettia cordifolia or firecracker vine which is incredible too, but I have never seen it for sale. Bouvardia is related to Ixora, Firebush and Crossandra too, which by the way is also a firecracker flower. The Rubiaceae family also has coffee and the gardenia, of which I would like to visit with a taxonomist on that one.

Estrellita Little Star gets about two feet tall and as wide. The flowers will shock you with their glowing red/orange color that does seem as nature's version of a floral explosion. The flowers mature to a hot coral pink which you might



Estrellita Little Star, a new firecracker bush or bouvardia, is debuting in garden centers this year and to the delight of hummingbirds everywhere.





The fiery red orange tubular flowers of Estrellita Little Star bouvardia age to hot coral pink. (Photos courtesy Norman Winter)

think problematic, but this is simply not the case. These flower clusters just keep coming without deadheading or any exuberant maintenance on your part.

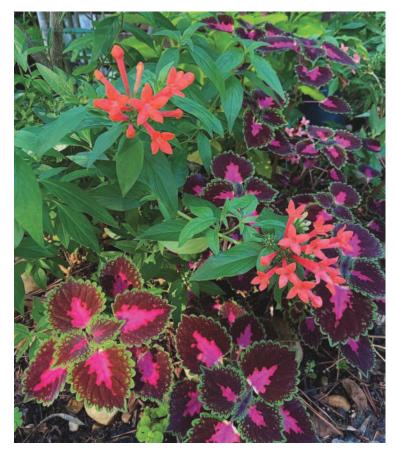
I expect most of the garden centers east of Texas do not know the name Bouvardia either, so this may take a little searching and possibly mail order to get this new Proven Winners plant. My biggest hope will be that everyone will give this plant a chance and learn to use it. Estrellita Little Star is deciduous and cold hardy in zones 8a-10b. I expect it will most likely return from the ground in zone 8a like a lot of other flowers and shrubs do, such as Vermillionaire cuphea, Hamelia or Firebush, and even Double Play Candy Corn spirea after it is cut back.

You will want to space yours 18 to 24 inches apart. It will need a good amount of sun and well-drained soil. I have short changed the sunlight a little at my house and will need to make a few pruning adjustments on a tree from Austin Pretty Limits oleander,

up above. Even at that, I am deliriously happy with the blooms. I am also happy that though deer have eaten plants 10 feet away, the Estrellita Little Star has been left alone.

My combination has been totally wonderful, other than the fact I need to work in a little more sunlight. Around my tree form oleander, I have two Luscious Citrus Blend lantanas and three Colorblaze Lime Time coleus informally in the background, and I have three ColorBlaze Torchlight coleus in between the Estrellita Little Star bouvardia. To be honest, I could never have guessed how the colors of the ColorBlaze Torchlight would have interacted with the vibrant red/orange of the Estrellita Little Star.

Let the Fireworks commence now or as soon as you can get your hands on our little star, Estrellita Little Star bouvardia. The hummingbirds will thank you. Follow me on Facebook @NormanWinterTheGardenGuy for more photos and garden inspiration.



Here Estrellita Little Star bouvardia is growing at The Garden Guy's house with ColorBlaze Tochlight and ColorBlaze Lime Time coleus.

#### •

# Grazing Morth TexasBy Tony Dean | tonydean.tx1@gmail.com

### Bee Balm

Bee balm is one of our native wildflowers and one of our most interesting plants. It is an herbaceous perennial native to Texas and most of the eastern United States. It is adapted to a variety of habitats, from moist meadows to waste places and woodland edges. There are many varieties, ranging from one to four feet tall.

Flowers come in many colors, including bright pink, lavender and others. Bee balm is in the mint family, and one of its identifying characteristics is it has square stems. The leaves have a distinct and interesting odor, attracting a variety of insects.

Bee balm has a high tolerance for drought, can survive in poor soil conditions and can grow in a variety of climates. This broad range of adaptability, and its interesting smell, make it a very popular ornamental plant.

Bee balm is usually not considered a deer resistant plant, but it is not their first choice either. Thus, it is usually a good garden survivor.

Native Americans developed a tremendous knowledge of rangeland plants and their medicinal and/or food value. Practically all native plants had Indian names, and in some cases, the Indians recognized a greater number of species or varieties. Bee balm, today, is recognized as having two distinct varieties in the great plains. The Pawnees had names to distinguish all four varieties they recognized and used.

For medicinal purposes, the



### Grazing Value of This Plant Bee balm



(Above) Bee balm flowers come in a variety of colors. (Left) Bee balm is a very interesting plant, but not of much value for livestock grazing.

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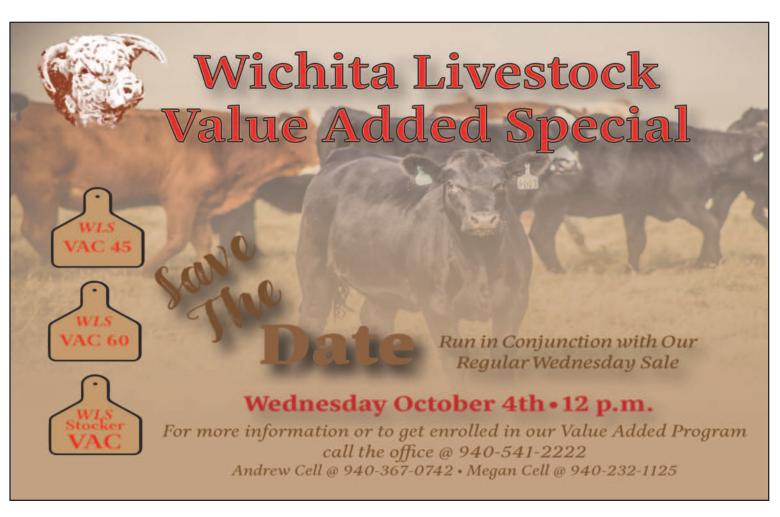
leaves, flower clusters and roots were used in many forms from teas for various aches and pains, to an eyewash made by the Blackfeet. Leaves were commonly used in food preparation due to their fragrance.

Bee balm even has a place in American history. Native Americans in the Oswego area of upstate New York developed a tea made from the leaves of bee balm, thus it is called Oswego tea. After the Boston Tea Party, when American revolutionaries tossed tea into the Boston harbor to protest the British tea tax, the local people began drinking Oswego tea as a home-grown, decidedly un-British alternative.

They did not want to be taxed, but they did not want to stop drinking tea either. It is important to note that for livestock grazing, bee balm is not considered of much value.



Bee balm is a perennial plant. (Photos courtesy Tony Dean)



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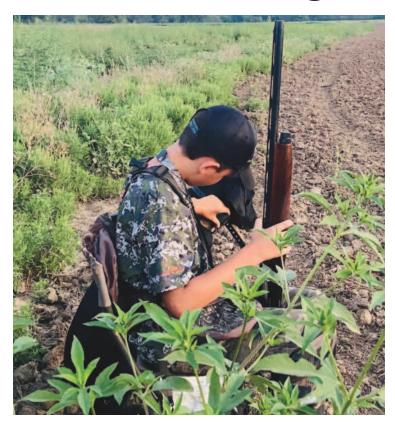
# Consessions of a

By Andy Anderson

## Hunt'n Dawg

Since the first domesticated dog was documented, their roll was to aid in hunting. Dogs have since been bred and trained for a wide range of use and most importantly, companionship. I have had working dogs most of my life, mostly for working livestock such as for sheep or cattle. They are a huge asset to the farmer and/ or rancher. As a police officer, I was fortunate to be a K9 handler and worked a Belgian Malinois for drug and apprehension. With all of my training and experience handling dogs for various uses, none prepared me for the best experience and understanding of what a properly trained dog will do for you and the family it is a part of.

Dove season 2020, my son, Clay and I were hunting in Electra over some harvested fields. Clay had been dove hunting with me several times over the years, but had not gotten first bird until that day in Electra. We were in a huge field with several other hunters, the birds were thick, flying all over and around us. Clay lined up and took his first dove. He nailed it and was overcome with excitement and a sense of accomplishment. Clay hurried into the field to claim his prize and quickly realized they disappear in the vegetation and while looking for his dove, many, many more were flying by that he didn't get to shoot at. After finding his bird, he returned to his seat to



continue his hunt.

A few hundred yards away was an older gentleman who was hunting from the tailgate of his pickup. He would shoot, a bird would fall and his dog would run out there, pick it up and bring it back. It didn't take long for Clay to watch this, turn to me and advise that we are doing it all wrong. We needed a hunt'n dawg!

After conversing with Clay, reminding him his momma did not want anymore pets at the house, he said very confidently, "Get your

phone and record me." I took my phone out and proceeded to record him asking his momma for a dog. I sent this to his momma knowing full well what the response was going to be, and I was right. His momma returned a video very politely telling him no. Well, Clay didn't stop there and after an hour or so of going back and forth with his momma..... she gave in!

I was blown away and clearly, she's a sucker for her baby boy. She agreed to a dog, but it came with terms. The dog had to be fully trained to include potty trained for the house and had to obey commands in addition to being a calm dog that could still be a family dog. With a tall order like that I knew just the person to call.

I called Austin Davis in Bowie. Austin has been training duck dogs for some time and was my go-to guy to get this done. Austin and my wife went back and forth over the terms she outlined and of course, Austin and Clay conspired as to what he wanted. Within a few weeks Austin called, he found a pup. Austin brought said pup over to the house and everyone, including myself just fell for the guy and named him Scooter.

Scooter stayed with Austin several months for training as well as Clay attending handling and training with Austin. They all worked very hard together and I cannot begin to express how amazing Austin was with Clay and teaching him. Austin and Clay bonded just as Scooter and Clay did and they continue to train and work on issues to this day.

Fast forward to dove season 2021, Scooter was trained up and going on his first hunt. It was an early wake up for everyone and clearly Scooter had no clue what was in store for him, but he knew something good was about to happen. We headed out to the field, set up decoys and waited for the sun to rise. Scooter was all over the place, really excited and needed

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a little training. We worked on various things until he settled down and was paying attention to the hunt. While we didn't see a single bird that morning, we got some really good training in and I got to watch my son do his thing with his dog. To say I was proud is an understatement. I was blown away. They work great together and Scooter loves him and works hard for him. Its easy to forget what a privilege it is to have a great dog when you're in the middle or working a dog, but to get to sit back and watch it all come together was a great reminder of how awesome it is.

Later that evening we ended up back in Electra with some friends to hunt a harvested field. We got set up and within an hour Clay busted his first bird of the season. He was so excited he jumped up to go get his bird and didn't send Scooter out. After being reminded he had a dog to do that, he sat down, collected himself and sent



Scooter out for his first official retrieve. Scooter shot from his sitting position and within seconds

had a dove and was on his way back, tail wagging and with a little prancing in his gate. I couldn't help but smile from ear to ear as they congratulated each other and were both pumped for the next one. Shortly afterwards, the birds were landing just out of range. Clay and Scooter embarked on a mission to stalk them down, and while I know the chances of success doing that are slim to none. I allowed it as how else are they going to learn? I sat back watching a boy and his dog wander the milo field in search of dove, changing their tactics and reaching for success. With each defeat came a lesson, and with success came a reward.

It started to rain a little, and while I fully expected Clay and Scooter to come back, they kept going; unphased by the rain, determined to hunt they continued on. Before too long the rain picked up and turned into a flood. We packed up and headed out for the day. Soaked to the bone we loaded the truck, packed away the gear and headed home.



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### **PARTING SHOT** =



## This Ain't Yellowstone...

By Jelly Cocanougher

Draggin' calves while listening to Kid Rock and Afroman aren't what people expect when you come to a generational ranch. Flanking calves on the ground, cutting them, and dogs fighting to get,

in a nicer way to say it, pre-cooked raw calf fries, probably isn't either.

The branding pot is hot and it stinks as the flesh from the iron signifies whose what goes where. And the temperatures we've felt lately feels like we're working on the sun. It's a dirty game and it's not for the faint of heart. Keeping the spirit alive through the hands of modern-day cowboys.

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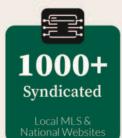


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