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Big Tex Urban Farms Donates One Million Servings

By JO ANN HOLT **Focus Daily News**

Big Tex Urban Farms, a signature program of the State Fair of Texas, donated one million servings of fresh produce to the local community. After the goal was announced in 2018, the Fair has made that goal a reality in less than four years. They have donated 1,000,000 produce servings to the South Dallas community for their neighbors in need.

Big Tex Urban Farms has grown substantially since its humble beginnings in 2016. When it first started, it consisted of 100 raised planter boxes in a parking lot near the State Fair of Texas' administration building. They would give out food at a local farmers market on Fridays. Now, it encompasses the entire Errol McKoy Greenhouse on the State Fair of Texas Midway in Fair Park. It's here where the Farms' revolutionary mobile hydroponic agriculture systems, including a Nutrient Film Technique system (NFT), grow racks, and a gutter slab system, grow everything from arugula, cucumbers, kohlrabi, microgreens, peppers, soy, tomatoes, and zucchini.

State Fair of Texas Gives Back

As part of the State Fair of Texas' efforts to give back to South Dallas, all the food produced by Big Tex Urban Farms is donated to organizations serving the surrounding communities.

They include Baylor Scott & White Health and Wellness Institute at the Juanita J. Craft Community Center, Bonton Farms, CitySquare, Cornerstone Baptist Church, Faith Cumberland Presbyterian Church, FJV Foundation, Jubilee Park Community Center, Oak Cliff Veggie Project, Parkland Hospital, POETIC, The Bridge, and TR Hoover Community Development Corporation.

The organizations collect and distribute the produce grown by Big Tex Urban Farms. Many of these neighborhoods are designated by the USDA as areas with limited access to fresh food. Food deserts are low-income areas with limited access to personal vehicles or public transit and no grocery stores within a

Big Tex Urban Farms

The program has also helped establish dozens of community gardens in the neighborhoods surrounding Fair Park, like the garden at Oak Cliff Veggie Project, Cornerstone Baptist, and Texas A&M AgriLife Extension. Another piece of the Farms' educational programming is working with local culinary programs—donating produce and herbs—that teach job skills to folks from all walks of life.

The Big Tex Urban Farms team had to overcome several obstacles on the road to achieving one million servings donated. The ongoing COVID-19 pandemic and the statewide freeze in February 2021 provided plenty of setbacks. But Big Tex Urban Farms continued to plow forward. They plan to continue growing and investing in Big Tex Urban Farms as a year-round signature community program.

Your annual visit to the State Fair of Texas – the nonprofit Fair's largest fundraiser of the year – helps fund Big Tex Urban Farms. For more information on the Farms and how to get involved. please BigTex.com/BTUF.

Be sure to visit the Errol McKoy Greenhouse at the 2022 State Fair of Texas Midway, opening Sept. 30 and running through Oct. 23.



State Fair of Texas photo



State Fair of Texas photo

Lieutenant General Richard E. Carey, 94, joined other Chosin Few survivors and families of Medal of Honor recipients at Dedication

Dignitaries and survivors of the Battle of the Chosin Reservoir. Korean War Battle of the Chosin Reservoir (also known in Korea as the Battle of Lake Jangjjn) gathered at Dallas-Fort Worth National Cemetery July 9th to dedicate a new "Chosin Few" Memorial, sponsored by the Metroplex Military Charitable Trust and the North Texas Chapter of the Chosin Few.

"Without the valiant efforts and sacrifices of the men who fought under the most brutal conditions, South Korea would be under Communist rule today," said LtGen Richard Carey. "Still today, South Korea stands in the balance between the U.S. and China. When I recall the conditions under which we fought, the brutal weather was a more formidable enemy than the Communist forces. We lost so many good men on that march to the sea."

LtGen Carey was a 22-year-old rifle platoon commander when he fought in Korea, including leading his men ashore at the Inchon Landing and fighting in the

LtGen Carey earned a Silver Star and Purple Heart Medal after being wounded in action later in the war. He also was awarded the Legion of Merit (2); the Distinguished Flying Cross; the Bronze Star Medal; a single mission Air Medal with combat V in lieu of a bronze star; 15 Air medals and many other commendations throughout his 37year career in the Marine Corps.

As Commanding General of the 9th Marine Amphibious Brigade in April 1975 LtGen Carey led "Operation Frequent Wind" during the evacuation of Saigon, Vietnam, which rescued more than 120,000 South Vietnamese as Saigon fell to the NVA. LtGen Carey retired from the Marine Corps in March 1983. Since his retirement, he has been active in veteran affairs and was instrumental in getting the Dallas-Fort Worth National Cemetery located here. LtGen Carey has been a key force in upgrading

local VA medical facilities. See DEDICATION, Page 3



State Fair of Texas photo

Texas Trust Gives Foundation Donates \$14,000 to Cancer Society

ARLINGTON, Texas - July family-oriented activities such 19, 2022 - The Texas Trust Gives Foundation partnered with employees of Texas Trust Credit Union to hold its fifth annual Relay for Life walk benefitting the American Cancer Society.

The Texas Trust Relay Team raised pledges of more than \$7,000, which was matched by the Texas Trust Gives Foundation. Total amount donated to the cause was \$14,100. Donations were raised through pledges, raffle tickets, and the sale of customized T-shirts.

The walk was held at Texas Trust's corporate office in Arlington. Luminaria outlined the walk path as a way to honor those who are fighting cancer, celebrate those who have won their battles, and remember those who lost their lives to cancer.

The walk included other American Cancer Society to

as giant yard games and carnival-style food. The event kicked off with the singing of the National Anthem by Kiara Mullins, a local high school senior and member of an all-star choir. DJ Tory Young kept walkers entertained and motivated throughout

The walk was especially important to Texas Trust Credit Union Community Unity Team Chair Patti Morales. "My sister died from cancer when she was 45 years old," said Morales. "I could not do anything about her cancer, but through volunteer hours and support from our employees for Relay for Life, I can help raise money for research so someone else's sister or brother's life might be extended or cured from this devastating disease."

support cancer research and 24/7 care for cancer patients, as well as lifesaving cancer screenings.

"This was our fifth annual mini-Relay for Life walk and the second one held at our facility," said Washima Huq, Executive Director of the Texas Trust Gives Foundation. "Our private walk allowed employees to rally and help support colleagues and peers who have been personally impacted by cancer."

The Texas Trust Gives Foundation is a 501(c)(3) nonprofit dedicated to touching hearts and changing lives. It is the charitable arm for Texas Trust Credit Union, a \$1.8 billion financial institution.

The foundation provides scholarships to local high school students, awards charitable grants, and and organizes volunteer efforts through the Community The donation will go to the Unity Team for local community



The Texas Trust Community Unity Team helped organize the Relay for Life Walk for the Texas Trust Gives Foundation.

Photo courtesy Texas Trust

Hashambhai of Park Place Dealerships Named One of Automotive News' 40 Under 40

Anam Ali Hashambhai of Park Place Dealerships was named one of Automotive News' 40 Under 40. This annual program honors 40 high achievers at new-car dealerships who are under 40

Automotive News received nominations from across the U.S. and identified outstanding performers in a large field of high-quality talent at dealerships. With a broad range of titles and backgrounds, this year's list represents a diverse group of honorees. The automotive experts were profiled in the July 11 issue of Automotive News, the leading news source for the global automotive industry.

"The 40 Under 40 program honors dealership employees who display exceptional leadership skills and are top performers," said Amy Wilson, retail editor of Automotive News. "The men and women on our 11th annual list have demonstrated significant business achievements, and their dealership groups are all the stronger for it."

Hashambhai has been with Park Place Dealerships for 10 years starting as an intern. As she

grew in her experience, she quickly became a leader within the company. She has helped recruit other women to the company through its Women in Automotive program and expanded the dealership's philanthropic efforts through Park Place Cares.

For complete information about Automotive Under 40, www.autonews.com/40under40. Ally, a leading digital financial services company, is the exclusive sponsor of this recognition program.

Park Place Dealerships was founded in 1987 and employs more than 1,400 members. Park Place Dealership operates two collision centers, an auto auction, and eight full-service dealerships representing luxury brands including Lexus, Mercedes-Benz, Porsche, Volvo, Jaguar, Land Rover and Sprinter Vans. In 2020, Park Place was acquired by Asbury Automotive Group, Inc., a Fortune 500 company headquartered in Duluth, GA. Asbury is one of the largest automotive retailers in the U.S. For more information, visit parkplace.com.



Luminaria outlined the walking path of the Texas Trust Relay for Life mini-walk. The luminaria represented those who are fighting cancer, those who have won their battles, and those who lost their lives to cancer.

Photo courtesy Texas Trust

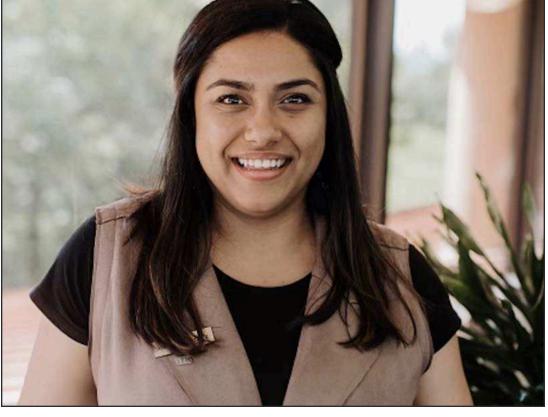


Photo by Chandler Probasco

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John Askew

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This page belongs to the people of the greater Best Southwest area and is a place where various opinions can be aired openly. With Freedom of the Press comes responsibility and we believe it is our responsibility to allow you to have your say on issues that face us all. Letters and editorials submitted must be signed with a valid address and phone number for verification purposes.

We will not publish any letter without such information.

Writers must assume complete responsibility for all information contained in letters submitted and by submitting said letters they agree to accept such and hold Focus Daily News and it's publishers and employees harmless for allowing them to communicate that opinion.

Focus Daily News will not knowingly accept information it believes to be slanderous or harmful to any person or organization and will offer equal space for rebuttal should any person or organization take issue with information published that is submitted by outside

There is no guarantee, express or implied, that any letter or opinion submitted will be published at any time.

All such submissions will be subject to space available and suitability for the audience.

Comments should be limited to 300 words

or less and priority will be given to issues affecting the cities and school districts we cover.

Submissions may be emailed to Focus Daily News at editor@focusdailynews.com or mailed to Focus Daily News, Opinions Editor, P.O. Box 1714, DeSoto, Texas 75123.

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Research charges of a minimum of 50 cents per issue will apply after one week.



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Short letters are most likely to be chosen for publication, but the use of any material is at the discretion of the editor or publisher. Editing may be necessary for space and clarity or to avoid obscenity, libel or invasion of privacy, but ideas will not be altered. Letters must be signed. Anyone unwilling to put their name with their opinion cannot have a very strong conviction about that opinion, or is even more likely lying about what they propose to discuss. Please include your address and telephone number. This information will not be printed. Rather, it will be used to verify authenticity. Any letters published are the sole opinion of the writer and do

not reflect the opinions or policies of this newspaper.

Priority will be given to letters commenting on issues germane to local events or comments on news articles which have appeared in the paper.

Dedication at DFW National Cemetary Honors Chosin Few ...

Continued from Page 1

Designed by Dallas sculptors Mark Austin Byrd and Jenelle Armstrong Byrd, the DFW Chosin Few - Jangjin Memorial is a 12-foot-tall, polished black granite wall with text engravings on both sides that tell the story of the important battle. Prominent members of the Korean community helped raise funds for the memorial and attended the dedication.

"We worked for more than four years to get approvals and funding for the DFW Chosin Few Memorial," said Sculptor Mark Austin Byrd, a Vietnam War-era Marine Cobra helicopter pilot who received the Distinguished Flying Cross. "We focused on portraits of individuals who made a significant impact in the battle, including the 17 Medal of Honor recipients."

In November 1950 the People's Republic of China sent more than 120,000 troops to infiltrate the northeastern part of North Korea and trap the 18,000 UN forces, including U.S. Marines and Army soldiers, at the Chosin Reservoir (Lake Jangjin.)

Survivors of the battle are known as the "Chosin Few." Military historians consider the battle to be one of the most significant battles in the history of the Marine Corps. From November 27 to December 13, 1950, UN forces fought their way through an overwhelming force of enemy soldiers in frigid temperatures as low as 36 degrees below zero.

Low-relief bronze sculptures on the wall depict portraits of 40 men who distinguished themselves in the battle. The memorial is topped with a stainless-steel Star of Koto-Ri, based on a star the Marines saw shining through a blizzard the night before moving out. The star gave them hope the skies would clear so they could have air support the next day as they evacuated 100,000 Koreans in what is known as the "Christmas Miracle."

Among the 17 Medal of Honor recipients was LTC Don Faith, Jr., who commanded the U.S. Army's 1st Battalion, 32nd Regiment east of Hagaru-Ri, Korea in November 1950. Throughout five days of fierce close-quarters combat, LTC Faith gave no thought to his own safety, directing his men from a forward position while ignoring his own fatal wounds. He received the nation's highest honor posthumously and is buried in Arlington National Cemetery.

Another Medal of Honor recipient was native Texan 1stLt Frank Mitchell. He led a Marine rifle platoon in a heavily wooded area near Hansan-Ni, Korea in November 1950 when his men came under heavy fire at point blank range. 1stLt Mitchell risked his life multiple times to lead his men through enemy lines. He was mortally wounded and was awarded the Medal of Honor posthumously. He is buried in the National Memorial Cemetery of the Pacific in Honolulu, Hawaii.

"We are honored to help preserve the memory of these courageous men who fought so bravely and endured indescribable suffering to save South Korea from Communist control," said Robert V. "Rob" Barnes, III, CEO of Dee Brown Inc.

The Metroplex Military Charitable Trust is a 501(c)(3) charity and was started in 1990. Its mission is to provide economic support to local military personnel (regular, reserve and retired) and to military support charities and volunteer organizations. Its longest and largest effort has been to provide direct support to families of amputee, PTSD, and brain-injured OIF & OEF Vets as well as the Vets themselves through the North Texas VA Warrior Patient Shuttle service since September 2007. More info is available at metroplexmarines.org.

Founded in Dallas circa 1955, Dee Brown, Inc. is responsible for the masonry and stonework on iconic projects, including the American Airlines Center; Nasher Sculpture Center; George W. Bush Presidential Center; Old Red Courthouse; The Getty Center in Los Angeles; Meyerson Symphony Center; Houston Museum of Natural Science; Dallas Country Club; Hunt Oil Headquarters; Trammel Crow Center; AT&T Stadium and many others. More information about the company can be found at deebrowncompanies.com.



Survivors of the 1950 Chosin Reservoir battle at the dedication of the new Few Chosin Few Memorial at Dallas-Fort Worth National Cemetery, including (Left to right-front row) LtGen Richard Carey, USMC (Ret); Stephanie Vandergrift, (granddaughter of General Alexander A. Vandergrift, Medal of Honor recipient for his leadership as Commanding General of the 1st Marine Division at Guadalcanal and 19th Commandant of the Marine Corps); LtGen Phil Shutler, USMC (Ret); Herb O'Dell; Rev. Rayburn Blair, Chaplain, North Texas Chapter of the Chosin Few; and Watson Crumbie, who served on a 155mm Howitzer in Love Battery, 11th Marine Regiment at Yudam-ni.

Photo by DAVID ALVEY



Chosin Few survivor Lt Gen Phil Shutler, USMC (Ret) reflects on stories of the battles memorialized on the Chosin Few Memorial

Photo by DAVID ALVEY



DBI team members (L-to-R) David Unger, Fabrication Plant Manager; Robert V. "Rob" Barnes, III, CEO; LtGen Richard Carey, USMC (Ret); DBI Chairman of the Board Robert V. "Buddie" Barnes, Jr.; DBI Project Manager; and Robert Harris, DBI Special Projects Estimator; Col Mike McCollum, USMCR (Ret) & Managing Trustee Metroplex Military Charitable Trust



Photo by DAVID ALVEY





Shop Smart and Spend Less This Back-to-School Season

(Statepoint) As summer nights \$1 or less. School and classroom shorten and the school year approaches, you may be looking for ways to reduce the stress and costs of back-to-school preparations and ease into a new rou-

Thankfully, the experts at Dollar General are offering families suggestions for an easy and affordable return to classes.

School Supplies

Start by separating and categorizing students' supplies lists and compare to items that may be left over from the previous school year. To pick up needs in one easy stop, visit a local Dollar General to purchase school supplies that are colorful and cost-effective, with over 100 back-to-school items priced at

essentials may include notebooks, coloring supplies, backpacks, a reusable water bottle and more. Additionally, a variety of hand sanitizers starting at \$1 can be easily placed into lunchboxes, desks, pencil cases or given to school staff to help stop the spread of germs.

For teachers who want to save big in 2022, sign up for a DG account and get verified for 30% off qualified items on up to four shopping trips through September 9, 2022. Additionally customers can save \$3 on qualifying \$15 or more supply purchases in the stationery, cleaning and paper, and houseware categories through September 9, 2022. All offers are available through DG Digital Coupons

online and in the DG App, where customers can load coupons and rewards on an easy-to-use platform and redeem them at check-

Healthier Eating

Back-to-school also means after school activities such as clubs and athletics. While juggling practices, rehearsals and club meetings, consider packing healthier snacks to support a busy schedule. Meal prep can also be helpful on busy days, and Dollar General's DG Easy Meals provides access to simple recipes with affordable ingredients to make breakfast, lunch, snacks and dinner easy and stress-free. Entrees like Pecan-Crusted Salmon or Buffalo Chicken Pizza can be made

freezer until ready to eat. Dollar General also offers Better For You recipes that provide healthier meal options featuring ingredients available at DG stores.

Organization Necessities

As the school year begins and schedules fill up, some find it

ahead and stored in the fridge or harder to stay organized. Use a customizable planner or calendar to remind you of pick-up times, parent-teacher conferences and other important appointments. These tools are also great for high school or college students managing a new class schedule. Write out chores on a dry erase board, which can be secured to the side of the fridge, to keep track of daily duties. Fi-

nally, if your surfaces tend to collect clutter, a large canvas storage container can be a great way to keep items together for a quick cleanup.

With these back-to-school tips and tricks, you can send students of all ages to their classes prepared with everything on the list, all while saving time and money in the process.

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A combined 77% of respondents say they read a newspaper that covers their local community



A combined 77% of respondents say they read a newspaper that covers their local community (a slight increase from a 65% average, 2017-2019), consumed via printed edition and online edition, as well as these additional online options that were not in previous surveys: Facebook, YouTube, TikTok or other social media platform.*

*Based on a March 2022 survey of 1,000 adults from rural and urban communities across the U.S. conducted by Susquehanna Polling and Research Inc., Harrisburg, Pennsylvania, for the National Newspaper Association and NNA Foundation of Pensacola, Florida, studying news and information consumption habits and opinion of public notices and advertising.



Heritage Celebration Set to Return in Midlothian

Midlothian, TX, June 27, 2022– Midlothian's Heritage Celebration will be returning for another year on September 10, 2022, with festivities presented by the Midlothian Downtown Business Association (MDBA) and the Midlothian Chamber of Commerce (MCOC) and proudly sponsored by the Midlothian Community Development Corporation.

The MDBA partnered with the Midlothian Community Development Corporation in 2021 to create Heritage Day to honor the city's history and community. The Midlothian Chamber of Commerce has joined this year, splitting the full day of activities into two sections: day and night. The MDBA will host the morning and early afternoon festivities from 9 AM to 2 PM, and then after a short break, the MCOC will take over at 3:30 PM until 8:00 PM.

"We are excited to partner with the Downtown Business Association to create an entertaining and enjoyable day for the citizens of Midlothian," Midlothian Chamber of Commerce CEO & President Melissa Shook said. "We are very grateful that the Midlothian Community Development Corporation is once again sponsoring this event to bring together the lively community we have here in Midlothian."

The celebration will include retail shops, live music, community performances, games, and more fun for all attendees. And just as they did in 1976, and again in 2021, there will be a free lunch provided to attendees while supplies last. In the evening time, there will be wineries and a beer garden as well as food trucks

"Everyone involved with planning this event has dedicated tremendous amounts of time to bring this day and night celebration together for the community," Shook commented.

"We hope everyone will follow along over the next few months as we share more about the event and can come out and enjoy the celebration in September."

Admission to the event is free, and there will be additional parking around town with shuttle access to Downtown. Beer garden and winery tickets will be available to purchase.

If you are interested in being a retail booth or sponsor for this event, please reach out to the Midlothian Chamber of Commerce.

The Midlothian Chamber of Commerce is an independent, not-for-profit 501(c)6 organization that unites almost 400 businesses and professionals in a joint effort for Midlothian area businesses to connect, grow, lead, and succeed. The Midlothian Chamber is the catalyst for economic growth for our members and the community through advocacy, education and community enhancement.





Don't Miss Your Chance to Nominate Your favorite Restaurant, Service, Person, Place to Shop and Much More! Let the World Know Who Serves You Best!!

See Cateogies and More information on Next Page



PET OF THE WEEK



Meet Ion! Does he look a little sad? That is because he has been waiting an EON for a good home!!!!! He is a bit shy when you meet him, but once you get to know him, he is very loving. He has just been through so much. He will need to visit us three or four times after the adoption but we would love seeing you both anyway! Please consider adopting Ion and let him spend EONS in a loving home!

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Call (972) 291-5335 for information Reitral Shelter & Adoption Re Cedar Hill, TX 75104

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academy. All other students who live within district boundaries are eligible to apply. Admission to students who reside outside of Duncanville ISD boundaries will be offered only after all resident applicants have been placed. Students will be selected through a computerized lottery.

For more information, visit duncanvilleisd.org/choice.

Best of Southwest Readers Choice 2022 Categories Best Day Spa Choice Readers Choice 2022 Categories Choice 2022 Categories

Best Emergency Room

Best Health Club/Gym

Best Imaging Center

Best Nursing Home

Best Physical Therapy

Best Yoga Studio

Best Antique Shop

Best Bicycle Shop

Best Music Store/School

Best Art Gallery

Best Boutique

Best Gift Shop

Best Accountant

Best Chiropractor

Best City Employee

Best Elected Official

Best Insurance Agent

Best Real Estate Agent

Best Police Officer

Best Pharmacist

Best Veterinarian

Best Teacher

Best Firefighter

Best Hair Stylist

Best Attorney

Best Florist

People

Best DJ

Best Dentist

Best Doctor

Shopping

Best Hospital

Best Hair Salon

Best Nail Salon

Food and Drink

Best Bakery

Best BBQ

Best Brewery

Best Brunch Place

Best Burger

Best Coffee House - Local

Best Craft Beer

Best Date Night Place

Best Dinner Place

Best Donuts

Best Fried Chicken

Best Happy Hour

Best Ice Cream

Best Lunch Place

Best Margaritas

Best Patios for Pets

Best Seafood Restaurant

Best Sports Bar

Best Steak

Best Tea Room

Best Wine Bar

Best Breakfast Place

Best Catering

Best Chicken Sandwich

Best Chinese Restaurant

Best Cupcakes

Best Dessert Place

Best Faiitas

Best Food Truck

Best Italian Restaurant

Best Mexican Restaurant

Best Outdoor Dining

Best Pizza

Best Restaurant

Best Smoothie

Best Tacos

Beauty and Wellness

Best Barbershop

Professional Services

Best Active Senior Living Center

Best Animal Clinic

Best Auto Repair

Best Banker **Best Body Shop**

Best Car Dealership

Best Church/Pastor

Best Electrician

Best Event Center

Best Financial Advisor Best Financial Institution

Best Funeral Home Best Heating & Air

Best High School Band

Best High School Coach Best HS Sports Team

Best Home Imp. Store

Best Insurance Agent Best Insurance Agency

Best Jewelry Store

Best Landscaping Best Law Firm

Best Mortgage Company **Best New Business**

Best Pet Boarding Best Pet Groomer

Best Photographer

Best Plumber

Best Pool Builder Best Pool Maintenance

Best Printing Shop Best Realtor

Best Receptionist Best Storage Facility

Best Tire Sales/Repair

Best Wedding Planner

Best Security Best Wedding Venue Go to https://www.focusdailynews.com/2022readers-choice-awards/

Nominating Instructions:

Follow Instructions on that page to nominate your favorite in each

category.

Nominate

Focus Daily News annual Reader's Choice Awards give citizens a chance to share their favorite businesses, places and people in the Best Southwest and beyond. People are constantly seeking advice from friends and neighbors on who is the best person, business, or place for something they need. There is no better reference than the a larger number of friends and neighbors than any one of us has - the readers of Focus Daily News.

When you're looking for the best burger or best place for date night, you usually "ask around".

FDN Reader's Choice gives readers a chance to vote for their favorites so they can benefit from a large base of experience.

Its a great way for locals and new residents to discover businesses in their backyard and beyond. Time is limited to nominate your favorite business in each of the above categories. And you can come back each day to repeat your nomination if you feel that strongly about it!

Nominate Your Choices Once Every Day!

Call Wendy at 817-253-1601 or email Editor@FocusDailyNews.com or Kristin@FocusDailyNews.com for information on how to promote your business during this important period.

Promotional Packages for Businesses will be available through the nomination period, through the voting period and for the final special section announcing all the winners!!

TEEN CRAFTS THIS JULY AT THE LIBRARY

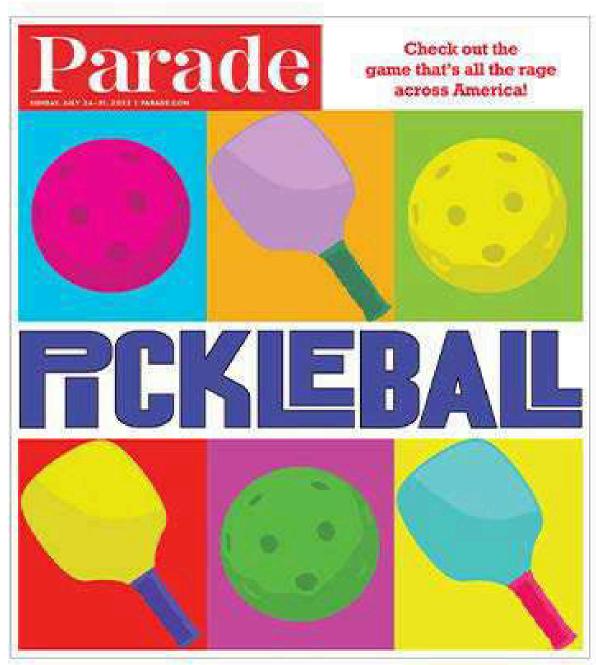






Teens ages 13 to 18 are invited to come and "get crafty" every Thursday during the month of July from 1:00 pm to 2:30 pm at the DeSoto Public Library. All workshops are free and led by DeSoto Artists Lab member Michelle Pryor. Space is limited and registration is required at https://www.ci.desoto.tx.us/FormCenter/Library- 5/2022-Teen-Crafts-Summer-Edition-183. Teens can earn community service hours by participating. For more information, visit the Library's website at www.desototextas.gov/library or call Marq Runnels at (972) 230-9663.





Staying safe in the sun: Helpful Hacks for Motorists

stay safe on the roads during the UK heat wave, with concerns the bright sun could cause issues for those in vehicles.

Sadly many people die or are seriously injured from accidents arising from the brilliant rays of sunshine that can impair vision.

The holiday car rental experts at StressFreeCarRental.com have released five top tips to help motorists stay safe when traveling in bright or low or bright sun.

Expert advice offered is centred around adapting your surroundings to get a better view of the road, or lowering speed to reduce the risk of a crash.

Whether driving in a traditionally hot or cold country, at home or abroad, the powerful rays of the sun need to be handled with care when behind the wheel.

A spokesperson for StressFree-CarRental.com said: "Driving in sunny weather can conjure up idyllic images, but there are dangers if you get dazzled while on the road.

travelling from place to place in our vehicles comes from having optimum vision - so anything that inhibits this needs to be taken into account and addressed. We hope these tips can help motorists to be able to concentrate on enjoying the sun."

Here are five StressFreeCar-Rental.com tips for driving safely in bright sunshine:

• Consider eyewear

Traditional sunglasses can give you a level of protection in the sunlight while driving, but polarised glasses may be a better bet

Experts are urging motorists to to try out as they can reduce the sun's glare without darkening the wider surroundings. Once you have chosen a pair you are comfortable with, keep them in the cockpit for use as needed.

• Importance of sun visors

Cars have sun visors above the windscreen which should be deployed on a hot, sunny day to reduce the impact of the sun's rays. You can use the visors on the driver's side and passenger's side where needed, and you can unclip and rotate them to shield side windows as well.

• Take it slower

One way of limiting the chances of having an accident is to watch your speed and reduce it where necessary. This tactic can give you vital seconds and a buffer between the vehicles around you in the event you are temporarily blinded by the sun.

• Full view at all times

It is a good idea to prepare for a long journey in unfamiliar territory by cleaning the car of clutter to ensure you have a good view out of the windscreen and "So much of our safety when along the dashboard. It is also useful to give the windscreen and mirrors a clean to ensure there are no smears or dirt which could further impair vision on a bright day.

• Are repairs needed?

If your windscreen or windows have sustained cracks or scratches in the recent past, it may be worthwhile getting them repaired sooner rather than later. Sun streaming onto these surfaces can be further distorted and cause further blind spots, becoming a safety risk to you, your passengers and other road users.



Highlight to Market Center Visit:

Blisslets Bracelets Look Great While Relieving Nausea

By JO ANN HOLT Focus Daily News

Blisslets' owners invited us to visit their booth at the Dallas Total Home & Gift Market trade show at Market Center recently. As first-time gift show attendees, my friend Paulette and I were shocked to find thousands of buyers and vendors from across the country, all congregating at Market Center. Parking was non-existent, but we finally found a space a block away.

Entering Market Center was like entering the Land of Oz—we weren't in Kansas, or back in the suburbs--anymore. The gift market is almost overwhelming, with so many interesting displays it was hard not to linger at all of them. We especially loved the food vendors who were handing out chocolate and other samples.

Blisslets Booth

Visiting the Blisslets booth was the highlight of our day, though. Blisslets is a family-owned business operated by an Arlington couple, Katherine (Katie) Arpacio and her husband, Bernardo Arpacio. The Blisslets brand is known for its bracelets, designed for natural relief to address nausea distress. Whether due to mosickness, pregnancy, digestive health, or other related issues, these artfully designed bracelets are crafted around an acupressure band. They alleviate nausea while allowing the wearer to do so discreetly and stylishly.

Katie said, "While I was struggling with morning sickness during my first pregnancy, I discovered that acupressure wrist bands were a huge help to ward off queasiness, but I hated wearing them to the office because of how conspicuous they looked. I tried to keep them hidden, but one day, before I was ready to share my big news, a male colleague recognized the bands and immediately called out for everyone to hear: 'Hey, I didn't know you were pregnant!' That's when I began to think that there had to be a better way. I wanted something that didn't just help the physical symptoms, but that you could actually feel good about wearing. I looked around, but there was nothing to meet my needs, so I decided to do it myself."

Moving to Arlington

The couple moved to Arlington in 2011, when Katie was starting a graduate program at the University of Dallas. They also wanted to be close to family after the birth of their first child, Sofia. Bernardo's parents had moved to Texas from Florida just a few years before (and some years before that, from Cali, Colombia) to open a primary care clinic in Oak Cliff.

It was around that time that the idea for Blisslets first came to Katie, but it would be several years until the young couple decided to take the plunge. During that time, Katie was working remotely (before it was common) for the Department of Justice,

while Bernardo started teaching economics at Ursuline Academy of Dallas.

Blisslets Research and Development

"Bernardo and I teamed up with an industrial designer, consulted medical professionals, reviewed the scientific literature that supports the use of acupressure for nausea relief, and gathered focus groups to give feedback on the products currently available for nausea on the market," Katie said. "Our study participants reported significant improvements in their nausea with the use of acupressure, but told us they would like to see a product that was not only effective, but also stylish and comfortable."

Taking input from all these sources, they designed Blisslets as a product people would want to wear. One that worked, felt good, and looked good. The Blisslets bracelets come in pairs, and are designed to be worn on both wrists.

The entrepreneurs have created a successful company with a product that provides relief to those suffering from nausea or anxiety. Blisslets is based in Arlington but serves a global market. Their family is also thriving, and the couple now have five children: Sofia (12), Rafael (9), Tomas (7), Cecilia (4), and baby Mara, two months old.

For more information about Blisslets, or to order some of their beautifully crafted bracelets, visit Blisslets.com.



Blisslets founders and daughters

Photo by Paulette Hopkins



DUNCANVILLE POLICE DEPARTMENT

CITIZEN POLICE ACADEMY



FALL 2022 SESSION CLASS # 61 STARTS ON AUGUST 23



What is it?

The Duncanville Police Department Citizen Police Academy is a 11 week Course if instruction designed to give the public a working knowledge of the Duncanville Police Department's personnel and policies. It consists of a series of classes, held once a week for three hours. The instruction is comprehensive covering a different area of the police department each week. Officers, supervisors and personnel assigned to that particular division conduct each instructional block. The classes are made up of a cross section of the Duncanville Community. The minimum age is 21 and you must live or work in Duncanville.

The Purpose:

The purpose of the CPA is to provide information to the citizens that attend, so that they may make informed judgements about the police department and police activity. It is the further hope that the instruction will increase police awareness where as to dispel suspicions and misconceptions and to increase police/community rapport through this educational process. In turn the police department becomes more aware of the feelings and concerns of the community from the participants interaction and input. It is indeed a two-way learning experience.

Topics:

The Duncanville Citizen Police Academy covers such topics as administration, training, S.W.A.T. team, criminal investigations, DWI procedures, crime prevention, and more. The instruction in these areas and other topics will contain lectures, demos, tours, and hands-on training.









For more information on the Citizen Police Academy, contact Ofc. Michelle Arias. 972 780-5027 or marias@duncanvillepd.com



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PRAYER TO ST. JUDE

May the sacred heart of Jesus be adored, glorified, loved and preserved throughout the worldow and forever. Sacred heart of Jesus pray for us. St.Jude, helper of the hopeless, pray for us. (make petition here) Thank you. Blessed St. Jude, I will be ever mindful of your help. I honor you and I will encourage devotion to you. Say this prayer 9 times a day. On the 8th day your prayer will be answered no matter how hard. This prayer has never been known to fail. Publication must be promised. RVO